

APRIL 2025

VITASTRONG.

RETAIL CATALOGUE



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RETAIL CATALOG



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VITASTRONG.

THE COMPANY

Founded in 2020, Vitastrong was born from a passion for sports and the goal of creating highly effective nutritional supplements. Our products, developed according to the most advanced scientific research, are designed to meet the real needs of athletes, from beginners to professionals.

Our mission is to provide quality tools to help athletes achieve their goals and overcome their limits. A constant commitment to research and development allows us to offer innovative solutions for well-being and sports performance.

Vitastrong is committed to promoting a healthy and active lifestyle, supporting athletes at every stage of their journey. Core values such as transparency, quality and safety guide every business decision, contributing to our rapid growth in the nutritional supplement industry.

RIMINIWELLNESS
THE WELLNESS EXPERIENCE SHOW



VITASTRONG.

QUALITY

The Vitastrong range is designed to meet the needs of athletes of all levels, thanks to formulations based on rigorous scientific research and selected and certified ingredients. Production takes place in cutting-edge laboratories, with advanced technologies that guarantee precision, purity and efficacy. Each phase, from the sourcing of raw materials to packaging, is subjected to strict quality controls.

Our supplements, notified to the main European Ministries of Health, can be marketed throughout Europe thanks to the principle of mutual recognition. Free from doping substances, gluten and lactose free since May 2023, the products are packaged with vegetable capsules with three levels of safety, guaranteeing high standards of safety and reliability.

We also offer excellent multilingual customer service, ready to respond to every need and provide personalized support. With over 2.000 positive reviews and an average of 4.9 stars on Trustpilot, Vitastrong stands out for the quality of its products and the attention dedicated to its customers



VITA**STRONG.**

CERTIFICATIONS

We use only selected and certified high-quality raw materials, sourced from reliable and rigorously controlled suppliers. Each ingredient is chosen for its effectiveness, purity and safety, and is subjected to a series of in-depth checks before being used in the formulations.





VITASTRONG ENERGY[®]
NOVELTY 2025

VITASTRONG.

VITASTRONG ENERGY

VITASTRONG ENERGY

Food supplement in can, designed to enhance resistance, improve concentration and support physical performance in any situation. Its formula combines key ingredients such as L-Citrulline, which promotes vasodilation and the transport of nutrients to the muscles, and Beta-alanine, which helps delay the onset of muscle fatigue during the most intense workouts. The presence of Taurine and Caffeine guarantees immediate energy and mental focus, while Panax notoginseng acts as an adaptogen to reduce stress and improve recovery. Vitamin B12, essential for energy metabolism and the reduction of tiredness, completes the formulation.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



330ML



Average Values	for 330ml	% NRV
L-citrulline	2000 mg	*
Beta-alanine	1500 mg	*
Taurine	600 mg	*
Caffeine	200 mg	*
Panaxnotoginseng	50 mg	*
Vitamin B12	250 mcg	10.000%

Ingredients: Water, acidifier: citric acid; L-Citrulline, carbon dioxide, Beta-alanine, Taurine, flavourings, preservatives: potassium sorbate, sodium benzoate; sweeteners: sucralose, acesulfame K; Caffeine, Panax notoginseng (Burkill) FH Chen, root dry extract, colouring: riboflavin; Cyanocobalamin.

ORANGE

B0327



8 055774 501521

ORANGE x12

B0262



8 055774 502481

PEACH

B0328



8 055774 502368

PEACH x12

B0322



8 055774 502498

VITASTRONG.

PRE-WORKOUT

PRE-WORKOUT

High-dose supplement designed to optimize energy, endurance and concentration during the most intense workouts. Its balanced formula includes L-Citrulline, which improves vasodilation and muscle oxygenation, and Beta Alanine, ideal for delaying muscle fatigue and supporting long-lasting performance. The addition of Astragalus supports the immune system, while Caffeine and Taurine provide immediate energy and mental focus. Panax notoginseng acts as a natural tonic to improve physical endurance, and Vitamin B12 completes the formula by contributing to energy metabolism and the reduction of fatigue.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



Average values	for 12.5g	% NRV
L-citrulline	6g	*
Beta-alanine	2.7g	*
Caffeine	200mg	*
Taurine	100mg	*
Panax notoginseng	50mg	*
AstraGin®	35mg	*
Vitamin B12	250 µg	10.000%

Ingredients: L-Citrulline, Beta-alanine, bulking agent: sorbitol; acidifier: citric acid; anti-caking agent: silicon dioxide; caffeine, sweeteners: sucralose, acesulfame K; Taurine, acidity regulator: potassium citrates; Panax Notoginseng (Panax notoginseng (Burkill) FH Chen., root) dry extract, flavouring, AstraGin® (Panax notoginseng and Astragalus membranaceus extract), colouring: riboflavin; Cyanocobalamin (vitamin B12).

AstraGin®

ORANGE B0021-46714

LIME B0021-46716

BERRIES B0021-46715

PEACH B0021-46717

PINEAPPLE B0021-1



8 055774 500203



8 055774 502344



8 055774 502337



8 055774 502351



8 055774 502528

VITASTRONG.

PRE-WORKOUT NO CAFFEINE

PRE-WORKOUT - CAFFEINE FREE

High-dose supplement designed to optimize energy, endurance and concentration during the most intense workouts. Its balanced formula includes L-Citrulline, which improves vasodilation and muscle oxygenation, and Beta Alanine, ideal for delaying muscle fatigue and supporting long-lasting performance. The addition of EnXtra™ supports mental energy in a natural way, while Taurine and AstraGin® promote concentration and absorption. Panax notoginseng acts as a natural tonic to improve physical endurance, and Vitamin B12 completes the formula by contributing to energy metabolism and the reduction of fatigue.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



300G

B0366



8 055774 502603

Average values	for 12.5g	% NRV
L-Citrulline	6g	*
Beta-Alanine	2.7g	*
enXtra™	100mg	*
Taurine	100mg	*
Panax Notoginseng	50mg	*
AstraGin®	35mg	*
Vitamin B12	250 µg	10.000%

Ingredients: L-Citrulline, Beta-alanine, bulking agent: sorbitol; flavourings, acidifier: citric acid; enXtra™: Alpinia galanga (L.) Willd. rhizome dry extract, anti-caking agent: silicon dioxide; sweetener: sucralose; Taurine, Panax Notoginseng (Panax notoginseng (Burkill) FH Chen., root) dry extract, AstraGin® (Panax notoginseng and Astragalus membranaceus extract), colouring: riboflavin; Cyanocobalamin (vitamin B12).

VITASTRONG.

Z-F THERMOGENIC

FAT BURNER

Advanced supplement designed to support weight loss and improve muscle definition. Thanks to a balanced mix of natural ingredients such as Caffeine, L-Tyrosine and Mate, it stimulates metabolism, increases energy and helps control appetite. Ingredients such as Chili Pepper and Piperine promote thermogenesis, while Chromium and Iodine support macronutrient metabolism and thyroid function. A complete solution for those looking to optimize body composition and improve performance during training.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60CPS



60 CPS

B0025



8 055774 500104

Average Values	for 1 cps	% NRV
Caffeine	100mg	*
L-Tyrosine	100mg	*
Cocoa Seed Extract	100mg	
of which: Theobromine	6mg	**
of which: Caffeine	1.5mg	*
Mate	50mg	*
of which: Xanthines	1.8mg	*
Rhodiola Rosea	20mg	*
of which: Salidroside	0.6mg	*
Green Coffee	10mg	**
of which: Chlorogenic Acid	5mg	56.3%
Niacin	9mg	*
Chilli Pepper	1.5mg	*
Piperine	1.35mg	124%
Chrome	49.6mcg	34%
Iodine	51mcg	

Ingredients: Caffeine, L-tyrosine, cocoa (Theobroma cacao L., seeds) es tit. 6% in theobromine and 1.5% in caffeine, capsule shell (glazing agent: hydroxypropyl methylcellulose), mate (Ilex paraguariensis A. St.-Hil., leaves) es tit. 3.6% in xanthines, rhodiola (Rhodiola rosea L., root) es tit. 3% in salidroside, green coffee (Coffea arabica L., seeds) es tit. 50% in chlorogenic acid, nicotinamide (niacin), maltodextrin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide, chilli pepper (Capsicum frutescens L., fruit) es, piperine from black pepper fruit (Piper nigrum L.), chromium picolinate, potassium iodide.

VITASTRONG.

BRAINBOOSTER

COGNITIVE ABILITIES

Supplement formulated to improve cognitive functions, enhance concentration and support mental well-being. The presence of Coenzyme Q10 and Carnitine promotes energy production, while Caffeine increases alertness and reduces fatigue. The complex of B vitamins (B1, B2, B6, B12, Niacin, Biotin, Folic Acid and Pantothenic Acid) supports energy metabolism and the health of the nervous system. Perfect for those who want to maximize mental performance and maintain concentration even in situations of strong physical and mental stress.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



30 CPR



30 TBL

B0022



Average Values	for 1 tbl	% NRV
Coenzyme Q10	50mg	*
Carnitine	300mg	*
Caffeine	180mg	*
Thiamine (vit. B1)	4.2 mg	382%
Riboflavin (vit. B2)	4.8 mg	343%
Niacin	36 mg	225%
Pantothenic acid	18 mg	300%
Vitamin B6	6 mg	429%
Biotin	450 µg	900%
Folic acid	400 µg	200%
Vitamin B12	18 µg	720%

Ingredients: Bulking agents: cellulose, tricalcium phosphate; L-carnitine tartrate, caffeine, coating agents: hydroxypropyl methylcellulose, calcium carbonate, talc, polyethylene glycol; coenzyme Q10, nicotinamide (niacin), calcium D-pantothenate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), colourings: iron oxides and hydroxides, riboflavin; D-biotin, pteroylmonoglutamic acid, cyanocobalamin (vitamin B12).

VITASTRONG.

BRAINSTRONG

COGNITIVE ABILITIES - WITHOUT CAFFEINE

Supplement formulated to improve cognitive performance, promote concentration and reduce mental fatigue. Thanks to EnXtra (Galangal), a natural extract that replaces caffeine, it provides energy and alertness without the common side effects of caffeine. L-Carnitine promotes energy production, while Rhodiola helps manage mental and physical stress. B vitamins support the nervous system, improving concentration and mental endurance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



30 CPS



30 CPS

B0329



8 055774 502504

Average Values	for 1 cps	% NRV
L-Carnitine	300mg	*
EnXtra (Galanga d.e.)	300mg	*
Rhodiola ex	40mg	*
Niacin	36mg	225%
Vitamin B6	6mg	429%
Thiamine	4.2mg	382%
Biotin	450mcg	900%
Folate	400mcg	200%
Vitamin B12	18mcg	720%

Ingredients: L-Carnitine tartrate, enXtra™ (Alpinia galanga (L.) Willd., rhizome) dry extract, capsule shell (coating agent: hydroxypropyl methylcellulose), Rhodiola (Rhodiola rosea L., root) dry extract tit. 3% in salidroside, Nicotinamide (Niacin), anti-caking agents: silicon dioxide, magnesium salts of fatty acids; pyridoxine hydrochloride (Vitamin B6), thiamine hydrochloride (Thiamine), D-Biotin, Pteroylmonoglutamic acid (Folate), Cyanocobalamin (Vitamin B12).



VITASTRONG.

DRAIN PURE

DRAINING - DAY

Supplement designed to support the drainage of liquids and promote the purification of the body. Thanks to a mix of plant extracts such as Birch, Couch Grass and Dandelion, it stimulates diuresis, supports kidney function and reduces swelling. Ingredients such as Bromelain and Lespedeza Capitata promote digestion and detoxification, while Orthosiphon and Mais Stigmi enhance the elimination of liquids. An ideal solution for those looking for natural support for well-being and muscle definition.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0072



8 055774 500111

Average Values	for 2 tbl	% NRV
Bromelain	30 mg	*
Birch	390 mg	*
Couch grass	179 mg	*
Lespedeza Capitata	157.5 mg	*
Dandelion	147 mg	*
Corn stigmas	200 mg	*
Orthosiphon	126 mg	*
Goldenrod	200 mg	*
Pennywort	30 mg	*

Ingredients: Thickener: microcrystalline cellulose; Birch (Betula pendula Roth., leaves) dry extract titrated at 2.5% hyperoside; Corn (Zea mays L., stigmas) dry extract; Goldenrod (Solidago virgaurea, flowering aerial parts) dry extract; Couch grass (Elymus repens L. Gould, rhizome) dry extract, Lespedeza (Lespedeza capitata Michx., aerial parts) dry extract titrated at 4% rutin; Dandelion (Taraxacum officinale (L.) Weber ex FHWigg., root) dry extract; Orthosiphon (Orthosiphon aristatus (Blume) Miq., leaves) dry extract titrated at 0.1% sinensetin; Bromelain; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; Centella (Centella asiatica (L.) Urb., leaves) dry extract titrated at 0.1% rutin; 20% in total triterpene derivatives.

VITASTRONG.

DRAIN PURE NIGHT

DRAINING - NIGHT

Supplement designed to promote fluid drainage and improve circulation during the night. Its formula combines Bromelain, which aids digestion and reduces inflammation, with Red Grape Seeds and Quercetin, powerful antioxidants that support vascular health. Melilot promotes drainage and reduces the feeling of heaviness in the legs. A perfect ally for those who want to improve recovery and reduce swelling during sleep.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0128



8 055774 500289

Average Values	for 1 cps	% NRV
Bromelain	100 mg	*
Red grape seeds	100 mg	*
of w. proanthocyanidins	95 mg	*
Sweet clover flow. a.p.	100 mg	*
of which coumarin	20 mg	*
Quercetin	47.50 mg	*

Ingredients: Bulking agent: microcrystalline cellulose, bromelain 2500 GDU/g, red grape (vitis vinifera L., seeds) dry extract titrated at 95% in proanthocyanidins (PAC), sweet clover (melilotus officinalis Pall., aerial part with flowers) dry extract titrated at 20% in coumarin, quercetin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

VITASTRONG.



CREATINE CREA STRONG®
BESTSELLER 2024

VITASTRONG.

CREATINA CREASTRONG®

MICRONIZED CREATINE MONOHYDRATE

Composed of 100% high quality creatine monohydrate, registered trademark of Vitastrong. Developed with certified raw materials and produced with strict purity controls. Each batch is tested to ensure the absence of impurities, heavy metals (lead, cadmium, mercury, arsenic) and pathogens, ensuring a 100% safe product. Thanks to the Ultra-Micronized 200 mesh formula, odorless, tasteless and highly soluble, it promotes rapid absorption and an increase in physical performance during training. Ideal for athletes looking to improve strength, power and muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G / 120 TBL



Average Values	for 1 scoop	% NRV
Creatine Creastrong®	3000mg	*

Ingredients: Creastrong® (Creatine monohydrate 200 mesh)

Average Values	for 3	% NRV
Creatine Creastrong®	3000 mg	*

Ingredients: Creastrong® (Creatine monohydrate 200 mesh) bulking agent: cellulose; anti-caking agents: fatty acids (stearic acid), magnesium salts of fatty acids, silicon dioxide

300G

B0184



8 055774 500425

CREASTRONG®

120TBL

B0249



8 055774 501309

VITASTRONG.

CREATINA CREAPURE®

MICRONIZED CREATINE MONOHYDRATE

Made with 100% high quality micronized creatine, formulated with Creatine Creapure®, one of the purest and most effective forms of creatine available on the market. Creatine Creapure® is produced with the highest quality standards, ensuring optimal intake to increase strength and muscle recovery. Promotes rapid absorption, allowing for improved performance during high intensity workouts. Ideal for those looking to maximize results in sports that require explosiveness and power.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G / 120 TBL



Average Values	for 1 scoop	% NRV
Creatine Creapure®	3000mg	*

Ingredients: Creapure® (Creatine Monohydrate)

Average Values	for 3	% NRV
Creatine Creapure®	3000 mg	*

Ingredients: Creapure® (Creatine monohydrate) bulking agent: cellulose; anti-caking agents: fatty acids (stearic acid), magnesium salts of fatty acids, silicon dioxide

300G

B0042



8 055774 500180



18HR11

120TBL

B0250



8 055774 501316

VITASTRONG.

TESTOBOOSTER

MEN'S WELLBEING

Advanced supplement designed to support natural testosterone production, improve strength and endurance, and support overall well-being in men. Combining natural ingredients and essential nutrients, including Ashwagandha KSM-66, Tribulus Terrestris (Standardized at 95%), Iron, Zinc, Folic Acid, and Vitamin D. Helps optimize physical performance and promote effective recovery. The powerful and balanced formula is designed to stimulate testosterone production, improve muscle growth, and increase energy to support high intensity workouts. Ideal for athletes, sportspeople, and anyone looking to improve their physical performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 TBL



90 TBL

B0123



8 055774 500036

Average Values	for 3 tbl	% NRV
Ashwagandha KSM-66®	750 mg	*
Tribulus Terrestris	750 mg	*
of which Saponins	712.5 mg	*
Iron	30 mg	213%
Zinc	15 mg	150%
Folic Acid	400 mcg	200%
Vitamin D	50 mcg	1000%

Ingredients: Bulking agent: microcrystalline cellulose, Ashwagandha KSM-66® (Withania somnifera (L.) Dunal, root) dry extract, Tribulus (Tribulus terrestris L., fruit) e tit. 95% in saponins, iron fumarate, zinc bisglycinate, folic acid (pteroyl-monoglutamic acid), vitamin D (cholecalciferol), anti-caking agents: magnesium salts of fatty acids, silicon dioxide



KSM-66
Ashwagandha®

VITASTRONG.

T-STRONG 2.0

MALE WELLBEING AND VITALITY

Advanced supplement designed to improve energy, vitality and physical performance. Thanks to a mix of natural ingredients such as Fenugreek, Maca, Ginseng and Ginkgo Biloba, it stimulates testosterone production, increases resistance and promotes circulation. L-Arginine improves blood flow and performance during physical activity, while Vitamin B6 supports hormonal balance and energy metabolism. A natural ally to optimize physical and mental performance, promoting complete male well-being.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



120 CPS

B0305



Average Values	for 3 cps	% NRV
L-arginine	450 mg	*
Maca es	400 mg	*
Cordyceps es	105	*
Fenugreek es	mg 100	*
Zinc	mg 15 mg	150%
Ginkgo biloba es	50 mg	*
Ginseng es	40 mg	*
L-Taurine	30 mg	*
Vitamin B6	1.4 mcg	100%

Ingredients: L-Arginine base, Andean maca (*Lepidium meyenii* Walp., root) dry extract tit. 0.5% in beta-ecdysone, capsule shell (coating agent: hydroxypropyl methylcellulose, zinc oxide); cordyceps (*Cordyceps sinensis* (Berk.) Sacc., fungal fruiting body) dry extract tit. 30% in polysaccharides, fenugreek (*Trigonella foenum-graecum* L., seed) dry extract tit. 50% in total saponins, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; ginkgo biloba (*Ginkgo biloba* L., leaf) dry extract tit. 24% ginkgo flavonoids and 6% total terpene lactones, ginseng (*Panax ginseng* CA Mey., root) dry extract tit. 12% ginsenosides, L-taurine, zinc bisglycinate, pyridoxine hydrochloride (Vitamin B6).

VITASTRONG.

MASS GAINER

PREMIUM MASS GAINER

Supplement formulated to support the increase in muscle mass and optimize energy recharge. Thanks to its blend of concentrated whey proteins, complex and simple carbohydrates, and creatine, it promotes muscle growth and improves performance during workouts. The presence of cyclodextrins Cluster Dextrin™ and fructose allows for a gradual and immediate energy release, while cocoa powder and cream powder enrich the taste and caloric content, making this product ideal for those looking to increase muscle mass and support physical recovery.



GLUTEN FREE



PREMIUM QUALITY



900G



900G

B0053



8 055774 500067

Average Values	for 90g	% NRV
Energy value	349 kcal	*
Fat	6 g	*
of which saturated	4 g	*
Carbohydrates	45 g	*
of which sugars	28 g	*
Protein	27 g	*
Creatine	3000mg	*
Fiber	1.8 g	*
Salt	0.36 g	*

Ingredients: Whey protein concentrate, maltodextrin, fructose, dextrose, cocoa powder (7.3%), cream powder (contains milk and derivatives, including lactose), creatine monohydrate, cyclodextrin (cluster dextrin)



Cluster Dextrin™
New Energy Source for Athletes

VITASTRONG.

CYCLODEXTRIN

100% CYCLODEXTRINE CLUSTER DEXTRIN™

Supplement formulated to optimize physical performance and promote rapid muscle recovery. Thanks to the presence of Cluster Dextrin™, an innovative carbohydrate, it offers constant energy during intense and prolonged workouts, without unwanted glycemic peaks. Its high solubility makes it easy to take, while the guaranteed purity of the ingredients ensures a high-quality product. Ideal for athletes of all levels, it supports recovery, maintains high energy levels and optimizes physical performance.



GLUTEN FREE



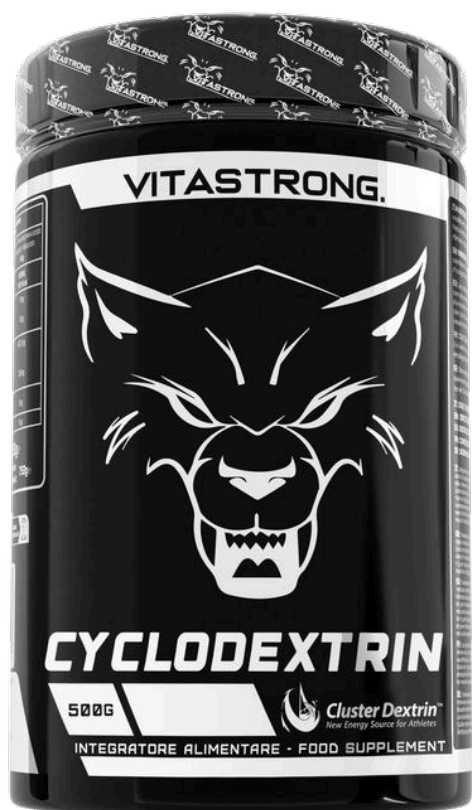
LACTOSE FREE



PREMIUM QUALITY



500G



Average Values	for 30g	% NRV
Energy value	114 kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	29.1 g	*
of which sugars	0.03 g	*
of which polyols	0 g	*
Fiber	0 g	*
Protein	0 g	*
Salt	0 g	*

Ingredients: Cluster Dextrin™ (highly branched cyclodextrins) 100%.



Cluster Dextrin™
New Energy Source for Athletes

500G

B0297



8 055774 501897

VITASTRONG.

MALTODEXTRIN

100% MALTODEXTRIN

Food supplement based on maltodextrin, a complex carbohydrate that provides a gradual energy release. Ideal for athletes and sportsmen, it supports prolonged training and intense physical activities, optimizing the recovery of muscle glycogen and maintaining high performance. Maltodextrin is perfect for ensuring continuous energy during exercise, contributing to recovery after training and helping to support resistance in long-lasting sports.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



750G



Average Values	for 50g	% NRV
Energy value	190 kCal	*
Fat	0 g	*
Carbohydrates	47.5 g	*
Salt	0 g	*

Ingredients: Whey protein concentrate, maltodextrin, fructose, dextrose, cocoa powder (7.3%), cream powder (contains milk and derivatives, including lactose), creatine monohydrate, cyclodextrin (cluster dextrin)

750G

B0069



8 055774 500319

VITASTRONG.

OMEGA3

OMEGA 3

Premium quality supplement formulated to support cardiovascular, brain and vision health. Each 2,000 mg serving provides an optimal amount of Omega 3 fatty acids, with EPA and DHA, enriched with Vitamin E (10 mg) for antioxidant action. This formulation contributes to the normal function of the heart, brain and vision, offering complete support for general well-being. Ideal for those looking for a high-dose supplement for a healthy lifestyle.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 SFG



Average Values	for 2 sfg	% NRV
Fish oil	2,000mg	*
of which EPA	700mg	*
of which DHA	500mg	*
Vitamin E	10mg	83%

Ingredients: Fish oil; capsule (coating agent: gelatin; stabilizer: glycerol), vitamin E (D-alpha-tocopherol), antioxidants: E 304, E 306, E 310.

90 SFG

B0048



8 055774 500234

VITASTRONG.

L-GLUTAMINE KYOWA®

L-GLUTAMINE - KYOWA QUALITY®

Premium supplement formulated to support muscle recovery, immune function and gut health. Each 3,000 mg serving provides an optimal amount of Kyowa Quality® certified L-Glutamine, known for its purity and bioavailability. This formulation helps optimize recovery after intense physical activity, maintain the integrity of the intestinal barrier and strengthen the immune system. Ideal for athletes and sportsmen who want to maximize their performance and improve muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G



Average Values	for 1 scoop	% NRV
L-Glutamine Kyowa®	3,000 mg	*

Ingredients: L-Glutamine (KyowaQuality®)



250G

B0049



8 055774 500371

VITASTRONG.



EAA PRO

BESTSELLER 2024

VITASTRONG.

EAA PRO

ESSENTIAL AMINO ACIDS POWDER

Advanced supplement designed to support muscle recovery and optimize athletic performance. Each serving provides 9 essential amino acids, enriched with BCAAs, Kyowa Quality® Glutamine and Citrulline, for faster recovery and complete muscle support. The combination of Glutamine, Citrulline and EAA work synergistically to counteract catabolism, improve muscle energy and promote cell regeneration. Available in 3 fantastic flavors, which perfectly balance the taste of the amino acids, making each serving refreshing and enjoyable to take.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



Valori Medi	per 30g	% NRV
L-Leucine	2.500 mg	*
L-Valine	1.250 mg	*
L-Isoleucine	1.250 mg	*
L-Lysine hydrochloride	1.250 mg	*
equivalent to L-Lysine	1.000 mg	*
L-Threonine	900 mg	*
L-Methionine	900 mg	*
L-Phenylalanine	900 mg	*
L-Citrulline	500 mg	*
L-Glutamine Kyowa®	500 mg	*
L-Histidine Kyowa®	400 mg	*
L-Tyrosine	400 mg	*
L-Cystine	250 mg	*
L-Tryptophan	250 mg	*

Ingredients: L-leucine, flavouring, acidifier: citric acid; L-valine, L-isoleucine, L-lysine hydrochloride, L-threonine, L-methionine, L-phenylalanine, bulking agent: corn maltodextrin; L-citrulline, L-glutamine, L-tyrosine, L-histidine, L-cystine, L-tryptophan, anti-caking agent: silicon dioxide; sweetener: sucralose

LEMON

B0261

PEACH

B0352



BERRIES

B0353



VITASTRONG.

ESSENTIAL AMINO

ESSENTIAL AMINO ACIDS

Designed to support muscle recovery, protein synthesis and the maintenance of lean mass. The formula combines an optimal balance of essential amino acids, including BCAAs (L-Leucine, L-Isoleucine, L-Valine), essential for stimulating protein synthesis, improving performance and accelerating post-workout recovery. Other essential amino acids, such as L-Lysine, L-Methionine and L-Tryptophan, contribute to muscle repair, energy production and general well-being. A complete solution for those who want to optimize performance and muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPR



120 TBL

B0050



8 055774 500241

Average Values	for 5 tbl	% NRV
L-Leucine	1258 mg	*
L-Isoleucine	645 mg	*
L-Valine	839 mg	*
L-Lysine	968 mg	*
L-Methionine	484 mg	*
L-Phenylalanine	806 mg	*
L-Threonine	484 mg	*
L-Tryptophan	129 mg	*

Ingredients: L-Leucine, L-Lysine hydrochloride, L-Valine, L-Phenylalanine, L-Isoleucine, bulking agent: microcrystalline cellulose, L-Methionine, L-Threonine, L-Tryptophan, anti-caking agents: magnesium salts of fatty acids, silicon dioxide

VITASTRONG.

BCAA

BRANCHED CHAIN AMINO ACIDS 2:1:1 / 4:1:1 / 8:1:1

Branched Chain Amino Acids (BCAA) available in 2:1:1, 4:1:1 and 8:1:1 ratios, formulated to optimize muscle recovery and improve athletic performance. Each serving provides L-Leucine, L-Isoleucine and L-Valine, with a specific ratio to maximize effectiveness. Fortified with Vitamin B6, this formula helps stimulate muscle protein synthesis, reduce catabolism and support recovery after exercise.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values - 2:1:1	for 5 tbl	% NRV
L-leucine	2500 mg	*
L-isoleucine	1250 mg	*
L-valine	1250 mg	*
Vitamin B6	0.5 mg	36%

Average Values - 4:1:1	for 5 tbl	% NRV
L-leucine	3333mg	*
L-isoleucine	833mg	*
L-valine	833mg	*
Vitamin B6	0.5mg	36%

Average Values - 8:1:1	for 5 tbl	% NRV
L-leucine	4000mg	*
L-isoleucine	500mg	*
L-valine	500mg	*
Vitamin B6	0.5mg	36%

Ingredients: L-leucine; L-valine; L-isoleucine; thickener: microcrystalline cellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)

2:1:1

B0055



8 055774 500333

4:1:1

B0056



8 055774 500388

8:1:1

B0057



8 055774 500258

VITASTRONG.

L-ARGININE KYOWA®

L-ARGININE HCL KYOWA QUALITY®

Formulated to support protein synthesis, improve blood flow and increase nitric oxide production, optimizing physical performance and endurance. Each dose provides L-Arginine HCl KYOWA QUALITY®, ensuring superior purity and efficacy. Enriched with Vitamin B6, it supports energy metabolism and reduces tiredness and fatigue. It is ideal for athletes who want to improve vasodilation and oxygen supply to the muscles, for higher performance during training



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 TBL



120 TBL

B0269



8 055774 501644

Average Values	for 6 tbl	% NRV
L-arginine HCl Kyowa®	4,500mg	*
Vitamin B6	0.6mg	42.8%

Ingredients: L-Arginine HCl (KyowaQuality®), bulking agents: cellulose, hydroxypropylcellulose; corn starch, anti-caking agents: fatty acids, magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)



VITASTRONG.

ZMA

ZINC - MAGNESIUM - VITAMIN B6

A powerful formula combining Magnesium, Zinc and Vitamin B6, designed to optimize muscle recovery, improve sleep quality and enhance strength and athletic performance. This supplement is ideal for athletes and sportsmen who want to maximize their results in terms of fitness, well-being and recovery. With high-quality ingredients, VITASTRONG ZMA supports the muscular system, energy metabolism and hormonal balance, promoting complete recovery and superior athletic performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



120 CPS

B0082



8 055774 500210

Average Values	for 3 cps	% NRV
Magnesium	338mg	90%
Zinc	9mg	90%
Vitamin B6	7.2mg	514%

Ingredients: Magnesium citrate, magnesium oxide; bulking agent: microcrystalline cellulose; capsule shell (hydroxypropyl methylcellulose, zinc oxide); zinc citrate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; zinc mono-L-methionine sulphate; vitamin B6 (pyridoxine hydrochloride).

VITAMINS AND ANTIOXIDANTS WELLNESS



VITASTRONG.

VITA STRONG.

MAGNESIUM COMPLEX

MAGNESIUM 5 IN 1

It combines different forms of magnesium for optimal absorption and effective support of muscles, nerves and metabolic functions. Magnesium is essential for numerous biological processes, including muscle relaxation, bone health and energy metabolism. This product is ideal for maintaining optimal magnesium levels, to combat fatigue, improve sleep quality and support general well-being. Thanks to the synergistic combination of magnesium in different forms, it offers concrete help for the body, improving recovery and muscle support in a complete and effective way.


GLUTEN FREE


LACTOSE FREE


PREMIUM QUALITY


150 TBL



Average Values	for 4 tbl	% NRV
Magnesium of which:	400mg	106.7%
Magnesium salts of citric acid	100mg	26.7%
Magnesium carbonate	100mg	26.7%
Magnesium L-pidolate	80mg	21.3%
Magnesium malate	60mg	16%
Magnesium bisglycinate	60mg	16%

Ingredients: Magnesium L-pidolate, bulking agent: microcrystalline cellulose; magnesium salts of citric acid, magnesium malate, magnesium bisglycinate, magnesium carbonate, anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide.

150 TBL

B0272



8 055774 501613

VITASTRONG.

ALPHA LIPOIC ACID

ALPHA LIPOIC ACID

Powerful antioxidant that supports cellular function and energy metabolism. Known for its ability to regenerate other antioxidants such as vitamins C and E, this supplement helps protect the body from oxidative stress and promotes neurological health. It is ideal for those who want to optimize their physical performance, improve energy and defend themselves from damage caused by free radicals. Thanks to its universal antioxidant properties, It promotes general well-being and cellular health, making it a valuable ally for anyone who wants to improve their health and vitality.



GLUTEN FREE



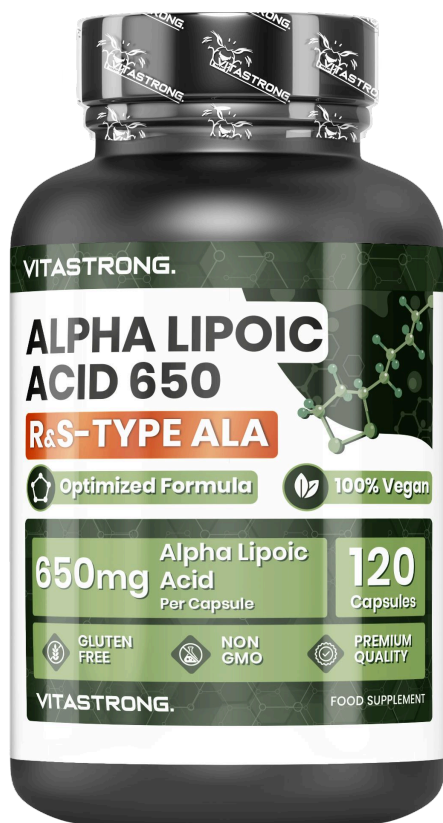
LACTOSE FREE



PREMIUM QUALITY



120 CPS



Average Values	for 1 cps	% NRV
Alpha Lipoic Acid	650mg	*
Zinc	2.96mg	29.6%

Ingredients: Alpha lipoic acid, capsule shell (coating agent: hydroxypropyl methylcellulose, zinc oxide), anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

120 CPS

B0365



8 055774 502559

VITASTRONG.

MARINE COLLAGEN

MARINE COLLAGEN TYPE I & II + HYALURONIC ACID

Advanced food supplement combining Collyss® & Cartidyss® certified Type 1 and Type 2 Marine Collagen, with Hyaluronic Acid and Vitamin C, formulated to support the health of skin, hair, nails and joints. Thanks to its exclusive composition, this formula helps improve the elasticity and hydration of the skin, supporting joint health and promoting tissue regeneration. It is ideal for those who want to maintain young and firm skin, improve joint health and support the beauty and well-being of hair and nails.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



Average Values	for 6 tbl	% NRV
Marine Collagen	2,000 mg	*
of which Type I	1,500 mg	*
of which Type II	500 mg	*
Hyaluronic Acid	300 mg	*
Vitamin C	160 mg	200%

Ingredients: Hydrolyzed marine collagen type I (Collyss®) and type II (Cartidyss®) (contains fish), bulking agent: microcrystalline cellulose; sodium hyaluronate, L-ascorbic acid (Vitamin C), anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

Collyss Cartidyss

180 TBL

B0268



8 055774 501453

VITASTRONG.

COLLAGEN & HYALURONIC

COLLAGEN & HYALURONIC ACID

Advanced dietary supplement formulated to support healthy skin, hair, nails and joints. Thanks to the combination of high-quality Collinstant® certified collagen, hyaluronic acid and a selected blend of vitamins and minerals, this product promotes elasticity and hydration of the skin, helping to keep it firm and toned. In addition, it supports joint health, improving mobility and reducing the discomfort associated with aging. Its powerful blend of ingredients also helps to strengthen hair and nails, improving their appearance and resistance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



180 TBL

B0201



Average Values	for 4 tbl	% NRV
Hydrolyzed collagen	2,000mg	*
Hyaluronic acid	200mg	*
Zinc	10mg	100%
Vitamin C	30mg	38%
Coenzyme Q10	10mg	*
Selenium	20mcg	36%
Vitamin D	10mcg	200%
Biotin	120mcg	240%

Ingredients: COLLinstant® hydrolyzed collagen, bulking agent: microcrystalline cellulose; sodium hyaluronate, zinc pidolate, ascorbic acid (vitamin C), anti-caking agents: magnesium salts of fatty acids, silicon dioxide; coenzyme Q10, selenium L-methionine, cholecalciferol (vitamin D), biotin.

VISCOFAN
COLLinstant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

VITASTRONG.

GLUCOSAMINE COMPLEX

JOINT SUPPORT

Formulated to support joint health, improve mobility and reduce joint discomfort. Combining key ingredients such as glucosamine, chondroitin sulphate, boswellia and hyaluronic acid with minerals and plant extracts, this product takes a synergistic approach to joint health. It is ideal for anyone who wants to protect and nourish their joints, improving their quality of life and physical activity. Thanks to its complete formula, it helps improve flexibility, reduces the risk of inflammation and promotes faster recovery from intense physical effort. The presence of hydrolysed collagen, MSM and zinc also helps maintain healthy connective tissue, preventing joint damage.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 TBL



120 TBL

B0202



Average Values	for 1 tbl	% NRV
Glucosamine HCl	500mg	*
Chondroitin Sulfate	200mg	*
Boswellia	100mg	*
MSM (Methylsulfonylmethane)	75mg	*
Hydrolyzed Collagen	40mg	*
Zinc	5mg	50%
Hyaluronic Acid	15mg	*
Selenium	15mcg	27%
Manganese	0.5mg	25%

Ingredients: Vegetable glucosamine hydrochloride, bulking agent: microcrystalline cellulose; sodium chondroitin sulphate, boswellia (*Boswellia serrata* Roxb. ex Colebr., gum-resin) e tit. 65% boswellic acid, OptiMSM (methylsulfonylmethane), hydrolysed collagen COLli-stant®, Pido-Zinc (zinc pidolate), sodium hyaluronate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; L-selenomethionine, manganese bisglycinate.

VISCOFAN
COLli-stant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

OptiMSM®

VITASTRONG.

NAC

N-ACETYL-CYSTEINE

Food supplement based on N-acetyl-cysteine, a stabilized form of the amino acid cysteine, which supports respiratory health, detoxification and strengthens the immune system. It is known for its protective effect on the liver, as it stimulates the production of glutathione, a powerful antioxidant that helps protect the liver from damage from oxidative stress. In addition to supporting lung function, NAC is also useful for recovery after intense workouts and to improve general well-being. Ideal for athletes and anyone who wants to improve liver health and strengthen the body's natural defenses.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values	for 1 tbl	% NRV
N-Acetyl-Cysteine	600 mg	*

Ingredients: N-acetylcysteine, bulking agent: microcrystalline cellulose; anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide

150 TBL

B0248



VITASTRONG.

COENZYME Q10

COENZYME Q10

Provides 200mg of Coenzyme Q10 per capsule, an essential nutrient for cellular energy production and powerful antioxidant properties. Coenzyme Q10 supports cardiovascular health, stimulates energy production at the cellular level and helps reduce fatigue. This product is ideal for those looking to improve their physical performance, increase energy and support general well-being. It is especially recommended for athletes, sportspeople and anyone looking for nutritional support to maintain high energy levels during physical activity and contribute to heart and cardiovascular health.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



Average Values	for 1 cps	% NRV
Coenzyme Q10	200 mg	*

Ingredients: Coenzyme Q10, bulking agent: cellulose; capsule shell (coating agent: hydroxypropyl methylcellulose); anti-caking agents: magnesium salts of fatty acids, silicon dioxide

120 CPS

B0263



8 055774 501408

VITASTRONG.

BIOTIN COMPLEX

NAILS AND HAIR

Food supplement designed to support the health of hair and nails, thanks to a synergistic combination of Keratin, Biotin, Zinc and other essential nutrients. Formulated with ingredients such as Bamboo, Vitamin E and Selenium, it helps strengthen the structure of tissues, combat oxidative stress and promote cell regeneration. Ideal during seasonal changes, periods of stress or intense workouts, it helps maintain a healthy and vital appearance. Biotin Complex is designed for those who want complete and natural support for beauty and strength from within.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



450 CPR



Average Values	per 1 cpr	% NRV
Hydrolyzed Keratin	25 mg	*
Zinc	15 mg	150%
Vitamin E	15 mg	125%
Bamboo d.e.	5 mg	*
Copper	1 mg	100%
Biotin	450 mcg	900%
Selenium	55 mcg	100%
Vitamin D	5 mcg	100%

Ingredients: Bulking agent: cellulose; DL-alpha-tocopheryl acetate (Vit. E), Hydrolyzed keratin, Zinc oxide, Bamboo (*Bambusa vulgaris* Schrad., young shoots) dry extract tit. 70% in silica, anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Copper sulphate, Cholecalciferol (Vit. D), D-Biotin, Sodium selenite.

450 TBL

B0339



8 055774 502542

VITASTRONG.

MELATONINE COMPLEX

MELATONIN, VALERIAN, LAVENDER AND CHAMOMILE

Food supplement formulated to promote relaxation and support natural and restful sleep. Combining traditional herbs such as Valerian, Chamomile and Lavender with Melatonin and Vitamin B6, this product helps regulate the sleep-wake cycle, reducing the time it takes to fall asleep and improving the quality of sleep. It is ideal for those looking for a natural aid to help them sleep, particularly useful in times of stress or when dealing with jet lag. Melatonine Complex helps promote general well-being, for optimal rest that supports physical and mental recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



365 TBL



365 TBL

B0270



Average Values	for 1 tbl	% NRV
Valerian d.e.	15mg	*
Chamomile d.e.	5mg	*
Lavender d.e.	5mg	*
Melatonin	1mg	*
Vitamin B6	50mcg	35.7%

Ingredients: Bulking agent: microcrystalline cellulose; valerian (*Valeriana officinalis* L. root) dry extract tit. 0.8% in valerenic acid, chamomile (*Matricaria chamomilla* L. flower) dry extract tit. 1% in apigenin-7-glucoside, lavender (*Lavandula angustifolia* Mill. flower) dry extract tit. 0.5% in essential oil, melatonin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)

VITASTRONG.

DIOSMIN PRO

MICROCIRCULATION

Advanced supplement designed to support venous circulation and improve vascular well-being. Thanks to the combination of micronized diosmin, flavonoids, grape seed extracts, horse chestnut, butcher's broom, centella and lespedeza, it promotes venous tone, microcirculation and lymphatic drainage, reducing swelling and a feeling of heaviness in the legs. The addition of piperine optimizes absorption, enhancing its effectiveness. It is ideal for athletes and active people, especially those who practice high-impact sports on the legs such as running, cycling and football, or for those who spend many hours standing or in a sedentary position, contributing to physical recovery and circulatory health.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0340



Valori Medi	for 2 tbl	% NRV
Micronized diosmin and flavonoid complex	300mg	*
of which Diosmin	240mg	*
ENOVITA® - grape seeds d.e.	150mg	*
Horse Chestnut d.e.	150mg	*
Butcher's Broom d.e.	100mg	*
Centella d.e.	100mg	*
Lespedeza d.e.	100mg	*
Piperine	4,76mg	*

Ingredients: Bulking agent: cellulose, micronized diosmin and flavonoid complex, ENOVITA® - Grape seeds (*Vitis vinifera* L., seeds) dry extract, Horse chestnut (*Aesculus hippocastanum* L., seed) dry extract tit. 20% in escin, Butcher's broom (*Ruscus aculeatus* L., root) dry extract tit. 10% in ruscogenin, Centella asiatica (*Centella asiatica* (L.) Urb., aerial part) dry extract tit. 20% in asiaticoside, Lespedeza (*Lespedeza capitata* Michx., leaves) dry extract tit. 4% in rutin, Piperine from black pepper fruit (*Piper nigrum* L.), anti-caking agents: silicon dioxide, magnesium salts of fatty acids.

ENOVITA®

VITASTRONG.

GDA COMPLEX

GLUCOSE MANAGEMENT

Advanced supplement designed to optimize carbohydrate management and improve insulin sensitivity, supporting energy metabolism and body composition. Thanks to the combination of active ingredients such as Myo-inositol, berberine, alpha lipoic acid and chromium, it helps stabilize blood glucose levels and promotes better use of carbohydrates. Cinnamon extract, banaba and D-Chiro-inositol help improve insulin response, while piperine enhances absorption. It is ideal for those who want to support carbohydrate metabolism, improve glycemic control and promote optimal energy balance, proving useful both for those who practice physical activity and for those who want to improve their general well-being.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0341



8 055774 502627

Average Values	for 3	% NRV
Myo-inositol	1,000 mg	*
BERBSimbiΩ	294 mg	*
equal to berberine	250 mg	*
Alpha lipoic acid R+	100 mg	*
Cinnamon d.e.	75 mg	*
Banaba d.e.	48 mg	*
D-Chiro-inositol	25 mg	*
Piperine	4.74 mg	*
Chromium	200 mcg	500%

Ingredients: Myo-inositol, bulking agent: cellulose; Berberine BERBSimbin [Berberine from the bark of the branches of Berberis aristata DC., Linseed oil, Hemp seed oil, Silicon dioxide], anti-caking agents: fatty acids, silicon dioxide, magnesium salts of fatty acids; Alpha lipoic acid R+ sodium salt, Cinnamon (Cinnamomum verum J.Presl, bark) dry extract tit. 0.8% cinnamaldehyde and 5% in total flavonoids, Banaba (Lagerstroemia speciosa (L) Pers, leaf) dry extract tit. 1% in corosolic acid, D-chiro-inositol, Piperine from the fruit of Black pepper (Piper nigrum L.), Chromium picolinate.

BERBSIMBIΩ

Berberine

VITA STRONG.

CHOLESTEROL

CHOLESTEROL CONTROL

Advanced food supplement, formulated to effectively support lipid metabolism and help maintain healthy blood cholesterol levels. Thanks to the synergistic combination of natural extracts such as Caigua and Red Fermented Rice, together with specific nutrients such as Coenzyme Q10 and Chromium, this product represents an ideal choice for those who want a natural and safe approach to managing cholesterol levels. It is particularly indicated to support cardiovascular health, optimize lipid metabolism and promote general well-being, making it a valuable ally for those who want to integrate a healthy lifestyle.

GLUTEN FREE

LACTOSE FREE

PREMIUM QUALITY

90 TBL



90 TBL

B0271



Average Values	for 1 tbl	% NRV
Caigua es	150mg	*
Fermented red rice	58mg	*
of which: Total Monacolins	2.9mg	*
Gamma oryzanol	50mg	*
Policosanols	10mg	*
Coenzyme Q10	10mg	*
Chromium	66 µg	165%

Ingredients: Bulking agent: microcrystalline cellulose; caigua (*Cyclanthera pedata* (L.) Schrad. fruit) 5:1, monacolins from red rice (*Oryza sativa* L.) fermented with *Monascus purpureus*, gamma oryzanol, policosanols, coenzyme Q10, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; chromium picolinate.

VITASTRONG.

KILO-CUT

METABOLISM SUPPORT

Advanced food supplement, formulated to support fat metabolism, promote optimal body definition and improve physical well-being. Thanks to its combination of selected ingredients and high doses, including Glucomannan, L-carnitine, Garcinia and Prickly Pear, Kilo-Cut is the ideal solution for those looking for natural, safe and effective support for weight management, metabolism acceleration and body composition improvement. This supplement is perfect for athletes, fitness enthusiasts and anyone who wants to optimize their training results and achieve their physical goals in a natural and lasting way.

 **GLUTEN FREE**

 **LACTOSE FREE**

 **PREMIUM QUALITY**

 **120 TBL**



120 TBL B0306



8 055774 501927

Average Values	for 2 tbl	% NRV
Garcinia es	200mg	*
Glucomannan	200mg	*
L-Carnitine	100mg	*
Matcha powder	100mg	*
Choline	82.5mg	*
Nopal powder (prickly pear)	90mg	*
Chromium	80mcg	200%

Ingredients: Bulking agent: cellulose; choline bitartrate, garcinia (Garcinia cambogia (Gaernt) Desr., fruit) e tit. 60% in hydroxycitric acid, glucomannan (konjac mannan), L-carnitine tartrate, matcha (Camellia sinensis (L.) Kuntze, leaf) powder, nopal (prickly pear) (Opuntia ficus-indica (L.) Mill., cladodium) powder, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; chromium picolinate.

VITASTRONG.

L-CARNITINE

ACETYL L-CARNITINE

Food supplement formulated to support energy metabolism and improve physical endurance, thanks to the presence of Acetyl L-Carnitine, a highly bioavailable form of L-Carnitine. This key ingredient promotes the transport of fatty acids into the mitochondria for energy production, helping to reduce fatigue and optimize physical performance. Ideal for athletes and sportsmen who practice endurance disciplines such as running, cycling and swimming, as well as for those who train with the aim of improving body composition and muscle definition. Recommended before training to maximize the use of fats as an energy source, it is also useful in the morning to support cognitive function and daily metabolism.



Average Values	for 1 tbl	% NRV
Acetyl L-Carnitine	1.000mg	*

Ingredients: Acetyl L-carnitine, anti-caking agents: fatty acids, silicon dioxide, magnesium salts of fatty acids; bulking agent: microcrystalline cellulose, stabilizer: hydroxypropyl methylcellulose

60 TBL B0051



8 055774 500128

VITASTRONG.

MULTIVITAMIN

HIGH DOSAGE MULTIVITAMIN

A complete food supplement designed to provide optimal nutritional support, combining a wide range of essential vitamins that promote general health, well-being and the immune system. Formulated to meet the needs of athletes, sportspeople and anyone who wants to maintain a high level of physical and mental activity, VITASTRONG MULTIVITAMIN helps fill any nutritional gaps, supporting the body during times of physical and mental stress. With a balanced intake of vitamins A, C, D, E, B and others, this supplement is a valuable ally for those who want to optimize their health and performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 TBL



90 TBL

B0073



8 055774 500098

Average Values	for 2 tbl	% NRV
Vitamin C	1,000 mg	1250%
Vitamin E	60 mg	500%
Vitamin A	1,200 µg	150%
Niacin (B3)	48 mg	300
Pantothenic acid (B5)	18mg	% 300%
Vitamin B6	9.5 mg	679%
Riboflavin (B2)	25 mg	1786%
Thiamine (B1)	25 mg	2273%
Folic acid (B9)	400 µg	200%
Biotin (B8)	450 µg	900%
Vitamin K1	105 µg	140%
Vitamin D3	25 µg	500%
Vitamin B12	33 µg	1320%

Ingredients: Vitamin C (L-ascorbic acid), stabilizer: microcrystalline cellulose; vitamin E (DL-alpha-tocopheryl acetate); niacin (nicotinamide); anti-caking agents: magnesium salts of fatty acids, silicon dioxide; vitamin B1 (thiamine hydrochloride), riboflavin, pantothenic acid (calcium d-pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin D3 (cholecalciferol), vitamin A (retinyl acetate); vitamin K1 (phytomenadione), biotin (D-biotin), folic acid (pteroylmonoglutamic acid), vitamin B12 (cyanocobalamin)

VITASTRONG.

VITAMIN C

VITAMIN C 1000

Food supplement designed to provide essential nutritional support thanks to a high intake of vitamin C. With 1000 mg per dose, this supplement helps promote general health, strengthen the immune system and protect cells from oxidative stress. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps support the body during periods of physical and mental stress. Perfect for promoting iron absorption and collagen formation, it is an indispensable ally for optimizing daily health and well-being.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



200 TBL



Average Values	for 1 tbl	% NRV
Vitamin C	1.000mg	1250%

Ingredients: L-ascorbic acid, protected vitamin C (L-ascorbic acid, coating agent: ethyl cellulose), bulking agent: microcrystalline cellulose, anti-caking agents: fatty acids, magnesium salts of fatty acids, silicon dioxide.

200 TBL

B0349



8 055774 502535

VITASTRONG.

VITAMIN C + ZINC

VITAMIN C 1000 + ZINC

A complete food supplement designed to provide essential nutritional support thanks to the combination of high-dose vitamin C and zinc. With 1000 mg of vitamin C and 10 mg of zinc per dose, this supplement helps to strengthen the immune system, protect cells from oxidative stress and promote healthy skin. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it supports the body during periods of physical and mental stress, promoting iron absorption and supporting healing processes. It is the ideal companion to optimize health, well-being and daily performance.



Average Values	for 1 tbl	% NRV
Vitamin C	1,000 mg	1250%
Zinc	10 mg	100%

Ingredients: L-ascorbic acid (Vitamin C), bulking agent: microcrystalline cellulose; zinc gluconate, anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide

150 TBL B0265



8 055774 501439

VITASTRONG.

VITAMIN B COMPLEX

VITAMIN B COMPLEX

A complete food supplement designed to provide essential nutritional support with a broad spectrum of B vitamins. With a balanced formula that includes niacin, thiamine, riboflavin, pantothenic acid, vitamin B6, biotin, folic acid and vitamin B12, this supplement helps support energy metabolism, improve physical and mental performance and promote general well-being. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps fight fatigue, support the nervous system and improve resilience to stress. It is an indispensable ally for optimising energy, health and daily performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



180 TBL

B0067



Average Values	for 1 tbl	% NRV
Niacin (Vit B3)	20.9 mg	130.6%
Vitamin B6	10 mg	714.2%
Pantothenic acid (B5)	7.7 mg	128.3%
Vitamin B2	1.87 mg	133.5%
Vitamin B1	1.65 mg	150%
Folic acid (Vit B9)	300 mcg	150%
Biotin (Vit B8)	25 mcg	50%
Vitamin B12	2.5 mcg	100%

Ingredients: Bulking agents: microcrystalline cellulose, maltodextrin; nicotinamide (niacin), pyridoxine hydrochloride (vitamin B6), calcium D-pantothenate (pantothenic acid), cyanocobalamin 0.1% (vitamin B12), thiamine hydrochloride (vitamin B1), anti-caking agents: magnesium salts of fatty acids, silicon dioxide; riboflavin (vitamin B2), pteroylmonoglutamic acid (folate), D-biotin.

VITASTRONG.

VITAMIN B12

VITAMIN B12

Powerful food supplement, designed to provide essential nutritional support thanks to a high concentration of vitamin B12. Ideal for supporting energy levels, improving cognitive function and supporting the health of the nervous system, this supplement contributes to the formation of red blood cells, iron metabolism and general well-being. Perfect for those following vegan or vegetarian diets, but also for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps reduce tiredness and fatigue, supporting the body during periods of intense physical or mental activity. An indispensable ally for optimising energy, health and daily performance.

 **GLUTEN FREE**

 **LACTOSE FREE**

 **PREMIUM QUALITY**

 **475 TBL**



Average Values	for 1 tbl	% NRV
Vitamin B12	1,000 mcg	40000%

Ingredients: Maltodextrin, bulking agent: microcrystalline cellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; cyanocobalamin (vitamin B12).

475 TBL **B0323**


8 055774 502375

VITASTRONG.

VITAMIN D3

VITAMIN D3

A dietary supplement formulated to support the immune system, bone health and general well-being. Providing 50 mcg of vitamin D per serving, it aids in the absorption of calcium and phosphorus, contributing to the maintenance of healthy bones, teeth and muscles. An essential for those who want to optimise vital bodily functions, this supplement helps to fill any vitamin D deficiencies, supporting vitality and proper functioning of the body.



GLUTEN FREE



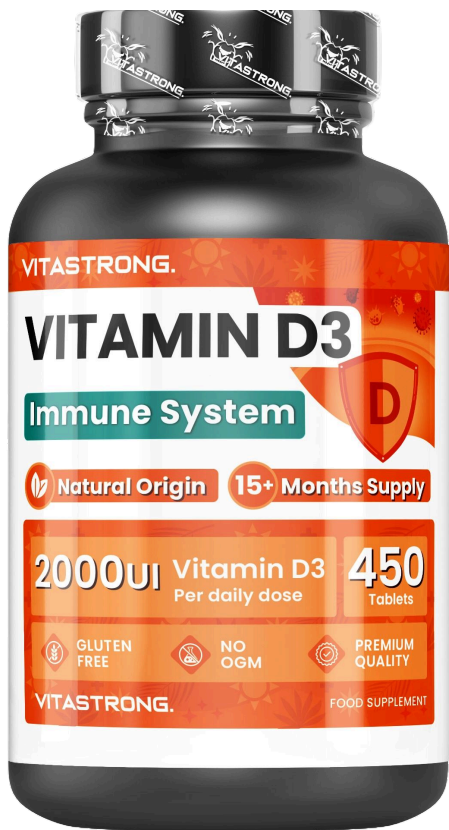
LACTOSE FREE



PREMIUM QUALITY



450 TBL



Average Values	for 1 tbl	% NRV
Vitamin D3	50 mcg (2,000 IU)	1000%

Ingredients: Bulking agent: cellulose, maltodextrin, binding agents: silicon dioxide, magnesium salts of fatty acids, cholecalciferol (Vitamin D).

450 TBL

B0326



VITASTRONG.



PREMIUM QUALITY
PROTEINS

VITASTRONG.

PURE HYDRO PROTEIN

HYDROLYZED PROTEINS - OPTIPEP 90® DH4 INSTANT

Supplement designed to provide essential nutritional support thanks to the high quality of Optipep® 90 DH4 Instant hydrolyzed whey proteins, from cows fed exclusively with grass (grass-fed) and quality flavors. Thanks to the hydrolysis process, these proteins are easily digestible and rapidly absorbed, helping to optimize muscle recovery and stimulate protein synthesis. The formula is enriched with Digezyme®, an enzyme complex that improves the digestion of proteins, carbohydrates and fats, promoting the assimilation of nutrients and reducing gastrointestinal disorders. Ideal for athletes, athletes and anyone who wants to improve physical performance, it supports muscle growth and post-workout recovery.



GLUTEN FREE



DIGESTIVE ENZYMES



PREMIUM QUALITY



900G



CHOCO B0350-38

VANILLA B0350-37



8 055774 500074



8 055774 500081



Optipep®

Average Values -	for 30g	% NRV
Energy value	113 kcal	*
Fat	0.8 g	*
of which saturated	0.4 g	*
Carbohydrates	0.42 g	*
of which sugars	0.24 g	*
Protein	26 g	*
Salt	0.06 g	*
Fiber	0.45g	*

Ingredients: Optipep 90 DH4 Instant* hydrolyzed whey protein (hydrolyzed MILK protein, emulsifier: soy lecithin), cocoa powder (5.4%), sweetener: sucralose; DigeZyme® (multi-enzyme complex).

Average Values - Vanilla	for 30g	% NRV
Energy value	111 kcal	*
Fat	0.45 g	*
of which saturated	0.15 g	*
Carbohydrates	0.3 g	*
of which sugars	0.24 g	*
Protein	26.4 g	*
Salt	0.05 g	*
Fiber	0g	*

Ingredients: Optipep 90 DH4 Instant* hydrolyzed whey protein (hydrolyzed MILK protein, emulsifier: soy lecithin), flavoring, sweetener: sucralose; DigeZyme® (multi-enzyme complex).

VITASTRONG.

WHEYSTRONG - 100% WHEY

WPC PROTEIN 100% - WITH DIGESTIVE ENZYMES

High quality protein supplement, containing concentrated whey proteins and only high quality flavours, ideal for supporting muscle growth and post-workout recovery. Thanks to its complete profile of essential amino acids, this product promotes protein synthesis, improves muscle recovery and helps reduce fatigue. Perfect for athletes and sportsmen, it is an excellent choice to optimise performance and support the maintenance of lean muscle mass.

WHEY FROM ONLY ITALIAN SUPPLIERS 



GLUTEN FREE



DIGESTIVE ENZYMES



PREMIUM QUALITY



900G



CHOCO BG0351-38

COOKIES B0351-39



8 055774 502658



8 055774 502665



Average Values -	for 30g	% NRV
Energy value	115 kcal	*
Fat	2 g	*
of which saturated	1.3 g	*
Carbohydrates	1.7 g	*
of which sugars	0.8 g	*
of which polyols	0.06 g	*
Fiber	0.7 g	*
Protein	22.2 g	*
Salt	0.15 g	

Ingredients: WPC 80 INSTANT (whey protein concentrate, sunflower lecithin), cocoa powder (8.8%).
sweetener: sucralose; Digezyme® (multi-enzyme complex)

Average Values -	for 30g	% NRV
Energy value	114 kcal	*
Fat	1.5 g	*
of which saturated	1 g	*
Carbohydrates	1.6 g	*
of which sugars	0.9 g	*
of which polyols	0.1 g	*
Fiber	0 g	*
Protein	23.1 g	*
Salt	0.15 g	

Ingredients: WPC 80 INSTANT (whey protein concentrate, sunflower lecithin), flavouring. sweetener: sucralose; Digezyme® (multi-enzyme complex)

VITASTRONG.

SOY PROTEIN

SOY PROTEIN

VITASTRONG SOY PROTEIN is a high-quality protein supplement based on soy protein, ideal for those looking for a plant-based alternative to support muscle growth and recovery. Thanks to its complete amino acid profile, it provides all the essential amino acids needed for protein synthesis, contributing to the maintenance of muscle mass and improving sports performance. Soy proteins are easily digestible and are an excellent choice for athletes, sportspeople and those following a vegan or vegetarian diet. Perfect to take at any time of the day, both as a post-workout support and as a protein supplement to promote a constant supply of essential nutrients.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



500G



Average Values	for 30g	% NRV
Energy value	110 kcal	*
Fat	0.5 g	*
of which saturated	0.2 g	*
Carbohydrates	0.3 g	*
of which sugars	0 g	*
Proteins	0.8 g	*
Salt	26 g	*
Fiber	0.84 g	*

Ingredients: soy protein; fat-reduced cocoa powder 8%; sweetener: sucralose

500G

B0290



VITASTRONG.



ITALIAN QUALITY
FOOD

VITASTRONG.

PROTEIN BAR

PROTEIN BARS 40G - BOX X12

VITASTRONG CRUNCHY BARS offer a tasty and fast protein supplement, perfect for wellness lovers who want to optimize their diet with a high-quality snack. With 34-36% protein, these bars are useful for supporting muscle growth and recovery. Made in Italy with high-quality ingredients, they are ideal for a pre or post-workout snack, easy to take with you and provide an immediate protein supplement, without feelings of guilt.

Available in a practical box of 12 pieces.



Average Values -	for 40g	% NRV
Energy value	142 kcal	*
Fat	5.6 g	*
of which saturated	3.2 g	*
Carbohydrates	11 g	*
of which sugars	0.6 g	*
of which polyols	9.6 g	*
Proteins	14 g	*
Salt	0.06 g	*
Fiber	3.1 g	*

Ingredients: Milk proteins, dark chocolate with sweetener (cocoa mass, sweetener: maltitol, cocoa butter, emulsifier: soy lecithin, natural flavouring (vanilla)) (20%), humectants: sorbitol and maltitol, hydrolysed collagen, fructo-oligosaccharides, vegetable fats (coconut, sunflower, water), isomalto-oligosaccharide (*source of glucose), cocoa soy extruders (isolated soy protein, cocoa, tapioca starch), cocoa powder, chocolate flavoured paste (cocoa, sunflower seed oil, emulsifier: soy lecithin, flavourings) (2%), water, flavouring, emulsifier: soy lecithin, maltodextrin, preservative: potassium sorbate, sweetener: sucralose.
*Chocolate flavour

CHOCO BR0196



BROWNIE BR0295



COCONUT BR0294



WHITE BR0197



BERRIES BR0198



VITA STRONG.

PROTEIN CREAM

PROTEIN CREAMS 200G

PROTEIN CREAM offers a delicious combination of taste and nutrition, made with selected high-quality ingredients in Italy. Expertly sweetened and enriched with proteins, these creams are perfect for a healthy snack at any time of the day. Supporting an active and balanced lifestyle, our creams transform daily snacks into gourmet experiences, without the guilt. A contribution to your daily well-being, ideal for any nutritious break.



Average Values - Milk	per 100g	% NRV
Energy value	489 kcal	*
Fat	32 g	*
of which saturated	10 g	*
Carbohydrates	40 g	*
of which sugars	2.3g	*
of which polyols	37 g	*
Proteins	2.0g	*
Salt	22 g	*
Fiber	0.32 g	*

Ingredients: sweetener: maltitol*; milk proteins; sunflower oil; hazelnut paste 10%; coconut oil; low fat cocoa powder 4%; emulsifier: sunflower lecithin (E322); flavourings; salt. *Milk Choco flavour

MILK CHOCO B0287



8 055774 501811

WHITE CHOCO B0286



8 055774 501804

DARK CHOCO B0288



8 055774 501828

PISTACHIO B0284



8 055774 501781

TIRAMISU' B0285



8 055774 501798

HAZELNUT B0289



8 055774 501835

VITASTRONG.

PEANUT BUTTER

100% PEANUT CREAM

VITASTRONG PEANUT BUTTER is a pure and natural source of protein and energy, perfect for those who want a healthy diet without sacrificing taste. Without additives and added sugars, it contains only selected peanuts for an intense flavor and optimal nutritional benefits. With 26g of protein per 100g, this cream is ideal for supporting a balanced and healthy diet. Made in Italy with high-quality ingredients, it is perfect for any time of the day, offering a creamy texture and an authentic taste that enhances every meal.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



500G



500G

B0266



8 055774 501415

Average Values	per 100g	% NRV
Energy value	625kcal	*
Fat	49 g	*
of which saturated	7 g	*
Carbohydrates	16 g	*
of which sugars	4 g	*
Proteins	8 g	*
Salt	26 g	*
Fiber	0.02g	*

Ingredients: Roasted Peanuts (100%)

VITASTRONG.

TOPPING ZERO

ZERO SUGAR SYRUP - 300G

VITASTRONG TOPPING ZERO are designed to offer a unique and concentrated taste experience, thanks to the presence of maltitol syrup that gives a dense and creamy consistency, without the use of water or thickeners. Free from sugar and artificial flavors, they are perfect for enriching yogurt, pancakes and many other recipes. Available in 14 delicious flavors, Topping Zero offer intense sweetness and flavor, ideal for those who want a touch of taste without compromise.



Average Values	per 100g	% NRV
Energy value	183 kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	76 g	*
of which sugars	0 g	*
of which polyols	76 g	*
Proteins	0.5 g	*
Salt	0 g	*
Fiber	0.28 g	*

Ingredients: maltitol syrup; flavourings; inulin; salt; caramel colouring (E150a) *Caramel Milk flavour

PISTACHIO B0308-46708



8 055774 502269

HAZELNUTS B0308-46712



8 055774 502306

CARAMEL B0308-46705



8 055774 502238

COFFEE B0308-46700



8 055774 502184

ZABAIONE B0308-46713



8 055774 502313

MINT B0308-46706



8 055774 502245

MANGO B0308-46707



8 055774 502252

VITASTRONG.

TOPPING ZERO

ZERO SUGAR SYRUP - 300G

VITASTRONG TOPPING ZERO are designed to offer a unique and concentrated taste experience, thanks to the presence of maltitol syrup that gives a dense and creamy consistency, without the use of water or thickeners. Free from sugar and artificial flavors, they are perfect for enriching yogurt, pancakes and many other recipes. Available in 14 delicious flavors, Topping Zero offer intense sweetness and flavor, ideal for those who want a touch of taste without compromise.



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Energy value	183 kcal	*
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Salt	0 g	*
Fiber	0.28 g	*

Ingredients: maltitol syrup; flavourings; inulin; salt; caramel colouring (E150a) *Caramel Milk flavour

ORANGE B0308-46701



8 055774 502191

MANDARIN B0308-46702



8 055774 502207

LEMON B0308-46703



8 055774 502214

STRAWBERRY B0308-46704



8 055774 502221

BANANA B0308-46709



8 055774 502276

KIWI B0308-46710



8 055774 502283

WATERMELON B0308-46711



8 055774 502290

VITASTRONG.

INSTANT OATMEAL

INSTANT OAT FLOUR - 1KG

VITASTRONG INSTANT OATMEAL is ideal for those looking for a nutritious breakfast or snack without sacrificing taste. Available in 6 delicious flavors, this oatmeal, composed mainly of selected oats, offers a perfect balance between pleasure and nutrition. With a high fiber and protein content, it supports a constant release of energy, making every meal a moment of pure well-being. Produced in Italy with high-quality ingredients, it transforms every recipe into a promise of health and satisfaction.



Average Values - Milk	per 100g	% NRV
Energy value	397 kcal	*
Fat	7.3 g	*
of which saturated	1.6 g	*
Carbohydrates	66.0 g	*
of which sugars	0.6 g	*
Fiber	5.6 g	*
Protein	14.0 g	*
Salt	0.1 g	*

Ingredients: oat flour 97%; low fat cocoa powder 2.4%; flavouring; sweetener: sucralose.

*Chocolate flavour

COOKIES **BG0275**



DOUBLE CHOCO **BG0276**



CHOCOLATE **BG0274**



PEANUT BUTTER **BG0277**



HAZELNUT **BG0278**



NATURAL **BG0279**



VITASTRONG.

INSTANT RICE FLOUR

INSTANT RICE FLOUR - 1KG

VITASTRONG INSTANT RICE FLOUR offers an exceptional taste experience combined with excellent nutritional value. Available in 4 flavors, this instant rice flour is ideal for those looking for a nutritious and delicious option for breakfast or snack. With a very low sugar content and a composition that supports a constant energy release. Made in Italy with high-quality ingredients, it is the perfect choice for those who want a healthy diet without sacrificing taste.



Average Values - Milk	per 100g	% NRV
Energy value	397 kcal	*
Fat	7.3 g	*
of which saturated	1.6 g	*
Carbohydrates	66.0 g	*
of which sugars	0.6 g	*
Fiber	5.6 g	*
Protein	14.0 g	*
Salt	0.1 g	*

Ingredients: rice flour (95%), low fat cocoa powder (4.8%), sweeteners: sucralose.

*Chocolate flavour

COCONUT BG0275



8 055774 501668

COOKIES BG0276



8 055774 501682

W.CHOCO BG0274



8 055774 501675

CHOCOLATE BG0274



8 055774 501699



VITASTRONG.