

VITASTRONG.

CATALOG 2025

VITASTRONG.
ENERGY



RETAIL CATALOG



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VITASTRONG.

THE COMPANY

Founded in 2020, Vitastrong was born from a passion for sports and the goal of creating highly effective nutritional supplements. Our products, developed according to the most advanced scientific research, are designed to meet the real needs of athletes, from beginners to professionals.

Our mission is to provide quality tools to help athletes achieve their goals and overcome their limits. A constant commitment to research and development allows us to offer innovative solutions for well-being and sports performance.

Vitastrong is committed to promoting a healthy and active lifestyle, supporting athletes at every stage of their journey. Core values such as transparency, quality and safety guide every business decision, contributing to our rapid growth in the nutritional supplement industry.

RIMINIWELLNESS
THE WELLNESS EXPERIENCE SHOW



VITASTRONG.

QUALITY

The Vitastrong range is designed to meet the needs of athletes of all levels, thanks to formulations based on rigorous scientific research and selected and certified ingredients. Production takes place in cutting-edge laboratories, with advanced technologies that guarantee precision, purity and efficacy. Each phase, from the sourcing of raw materials to packaging, is subjected to strict quality controls.

Our supplements, notified to the main European Ministries of Health, can be marketed throughout Europe thanks to the principle of mutual recognition. Free from doping substances, gluten and lactose free since May 2023, the products are packaged with vegetable capsules with three levels of safety, guaranteeing high standards of safety and reliability.

We also offer excellent multilingual customer service, ready to respond to every need and provide personalized support. With over 2.000 positive reviews and an average of 4.9 stars on Trustpilot, Vitastrong stands out for the quality of its products and the attention dedicated to its customers



VITASTRONG.

CERTIFICATIONS

We use only selected and certified high-quality raw materials, sourced from reliable and rigorously controlled suppliers. Each ingredient is chosen for its effectiveness, purity and safety, and is subjected to a series of in-depth checks before being used in the formulations.

CREASTRONG®

KQ Kyowa
Quality

Cluster Dextrin™
New Energy Source for Athletes

KSM-66
Ashwagandha®

Optipep®

OptMSM®

COLLInstant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

Collyss

Cartidyss

enXtra

AstraGin®

DigeZyme
Multi-Enzyme-Complex

BERB**SIMBIΩ**
Berberine

ENOVITA®



VITASTRONG ENERGY
NOVELTY 2025

VITASTRONG.

VITASTRONG ENERGY

VITASTRONG ENERGY

Food supplement in can, designed to enhance resistance, improve concentration and support physical performance in any situation. Its formula combines key ingredients such as L-Citrulline, which promotes vasodilation and the transport of nutrients to the muscles, and Beta-alanine, which helps delay the onset of muscle fatigue during the most intense workouts. The presence of Taurine and Caffeine guarantees immediate energy and mental focus, while Panax notoginseng acts as an adaptogen to reduce stress and improve recovery. Vitamin B12, essential for energy metabolism and the reduction of tiredness, completes the formulation.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



330ML



Average Values	for 330ml	% NRV
L-citrulline	2000 mg	*
Beta-alanine	1500 mg	*
Taurine	600 mg	*
Caffeine	200 mg	*
Panaxnotoginseng	50 mg	*
Vitamin B12	250 mcg	10.000%

Ingredients: Water, acidifier: citric acid; L-Citrulline, carbon dioxide, Beta-alanine, Taurine, flavourings, preservatives: potassium sorbate, sodium benzoate; sweeteners: sucralose, acesulfame K; Caffeine, Panax notoginseng (Burkill) FH Chen, root dry extract, colouring: riboflavin; Cyanocobalamin.

ORANGE

B0327



8 055774 501521

PEACH

B0328



8 055774 502368

BERRIES

B0373



8 055774 503013

TROPICAL

B0372



8 055774 503020

VITASTRONG.

PRE-WORKOUT

PRE-WORKOUT

High-dose supplement designed to optimize energy, endurance and concentration during the most intense workouts. Its balanced formula includes L-Citrulline, which improves vasodilation and muscle oxygenation, and Beta Alanine, ideal for delaying muscle fatigue and supporting long-lasting performance. The addition of Astragalus supports the immune system, while Caffeine and Taurine provide immediate energy and mental focus. Panax notoginseng acts as a natural tonic to improve physical endurance, and Vitamin B12 completes the formula by contributing to energy metabolism and the reduction of fatigue.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



Average values	for 12.5g	% NRV
L-citrulline	6g	*
Beta-alanine	2.7g	*
Caffeine	200mg	*
Taurine	100mg	*
Panax notoginseng	50mg	*
AstraGin®	35mg	*
Vitamin B12	250 µg	10.000%

Ingredients: L-Citrulline, Beta-alanine, bulking agent: sorbitol; acidifier: citric acid; anti-caking agent: silicon dioxide; caffeine, sweeteners: sucralose, acesulfame K; Taurine, acidity regulator: potassium citrates; Panax Notoginseng (Panax notoginseng (Burkill) FH Chen., root) dry extract, flavouring, AstraGin® (Panax notoginseng and Astragalus membranaceus extract), colouring: riboflavin; Cyanocobalamin (vitamin B12).

AstraGin®

ORANGE B0021-46714

LIME B0021-46716

BERRIES B0021-46715

PEACH B0021-46717

PINEAPPLE B0021-1



8 055774 500203



8 055774 502344



8 055774 502337



8 055774 502351



8 055774 502528

VITASTRONG.

PRE-WORKOUT NO CAFFEINE

PRE-WORKOUT - CAFFEINE FREE

High-dose supplement designed to optimize energy, endurance and concentration during the most intense workouts. Its balanced formula includes L-Citrulline, which improves vasodilation and muscle oxygenation, and Beta Alanine, ideal for delaying muscle fatigue and supporting long-lasting performance. The addition of EnXtra™ supports mental energy in a natural way, while Taurine and AstraGin® promote concentration and absorption. Panax notoginseng acts as a natural tonic to improve physical endurance, and Vitamin B12 completes the formula by contributing to energy metabolism and the reduction of fatigue.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



300G

B0366



8 055774 502603

Average values	for 12.5g	% NRV
L-Citrulline	6g	*
Beta-Alanine	2.7g	*
enXtra™	100mg	*
Taurine	100mg	*
Panax Notoginseng	50mg	*
AstraGin®	35mg	*
Vitamin B12	250 µg	10.000%

Ingredients: L-Citrulline, Beta-alanine, bulking agent: sorbitol; flavourings, acidifier: citric acid; enXtra™: Alpinia galanga (L.) Willd. rhizome dry extract, anti-caking agent: silicon dioxide; sweetener: sucralose; Taurine, Panax Notoginseng (Panax notoginseng (Burkill) FH Chen., root) dry extract, AstraGin® (Panax notoginseng and Astragalus membranaceus extract), colouring: riboflavin; Cyanocobalamin (vitamin B12).

AstraGin®

VITASTRONG.

Z-F FAT BURNER

FAT BURNER

Advanced supplement designed to support weight loss and improve muscle definition. Thanks to a balanced mix of natural ingredients such as Caffeine, L-Tyrosine and Mate, it stimulates metabolism, increases energy and helps control appetite. Ingredients such as Chili Pepper and Piperine promote thermogenesis, while Chromium and Iodine support macronutrient metabolism and thyroid function. A complete solution for those looking to optimize body composition and improve performance during training.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60CPS



60 CPS

B0025



8 055774 500104

Average Values	for 1 cps	% NRV
Caffeine	100mg	*
L-Tyrosine	100mg	*
Cocoa Seed Extract	100mg	
of which: Theobromine	6mg	**
of which: Caffeine	1.5mg	*
Mate	50mg	*
of which: Xanthines	1.8mg	*
Rhodiola Rosea	20mg	*
of which: Salidroside	0.6mg	*
Green Coffee	10mg	**
of which: Chlorogenic Acid	5mg	56.3%
Niacin	9mg	*
Chilli Pepper	1.5mg	*
Piperine	1.35mg	124%
Chrome	49.6mcg	34%
Iodine	51mcg	

Ingredients: Caffeine, L-tyrosine, cocoa (Theobroma cacao L., seeds) es tit. 6% in theobromine and 1.5% in caffeine, capsule shell (glazing agent: hydroxypropyl methylcellulose), mate (Ilex paraguariensis A. St.-Hil., leaves) es tit. 3.6% in xanthines, rhodiola (Rhodiola rosea L., root) es tit. 3% in salidroside, green coffee (Coffea arabica L., seeds) es tit. 50% in chlorogenic acid, nicotinamide (niacin), maltodextrin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide, chilli pepper (Capsicum frutescens L., fruit) es, piperine from black pepper fruit (Piper nigrum L.), chromium picolinate, potassium iodide.

VITASTRONG.

BRAINBOOSTER

COGNITIVE ABILITIES

Supplement formulated to improve cognitive functions, enhance concentration and support mental well-being. The presence of Coenzyme Q10 and Carnitine promotes energy production, while Caffeine increases alertness and reduces fatigue. The complex of B vitamins (B1, B2, B6, B12, Niacin, Biotin, Folic Acid and Pantothenic Acid) supports energy metabolism and the health of the nervous system. Perfect for those who want to maximize mental performance and maintain concentration even in situations of strong physical and mental stress.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



30 CPR



30 TBL

B0022



8 055774 500296

Average Values	for 1 tbl	% NRV
Coenzyme Q10	50mg	*
Carnitine	300mg	*
Caffeine	180mg	*
Thiamine (vit. B1)	4.2 mg	382%
Riboflavin (vit. B2)	4.8 mg	343%
Niacin	36 mg	225%
Pantothenic acid	18 mg	300%
Vitamin B6	6 mg	429%
Biotin	450 µg	900%
Folic acid	400 µg	200%
Vitamin B12	18 µg	720%

Ingredients: Bulking agents: cellulose, tricalcium phosphate; L-carnitine tartrate, caffeine, coating agents: hydroxypropyl methylcellulose, calcium carbonate, talc, polyethylene glycol; coenzyme Q10, nicotinamide (niacin), calcium D-pantothenate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1), riboflavin (vitamin B2), colourings: iron oxides and hydroxides, riboflavin; D-biotin, pteroylmonoglutamic acid, cyanocobalamin (vitamin B12).

VITASTRONG.

BRAINSTRONG

COGNITIVE ABILITIES - WITHOUT CAFFEINE

Supplement formulated to improve cognitive performance, promote concentration and reduce mental fatigue. Thanks to EnXtra (Galangal), a natural extract that replaces caffeine, it provides energy and alertness without the common side effects of caffeine. L-Carnitine promotes energy production, while Rhodiola helps manage mental and physical stress. B vitamins support the nervous system, improving concentration and mental endurance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



30 CPS



30 CPS

B0329



8 055774 502504

Average Values	for 1 cps	% NRV
L-Carnitine	300mg	*
EnXtra (Galanga d.e.)	300mg	*
Rhodiola ex	40mg	*
Niacin	36mg	225%
Vitamin B6	6mg	429%
Thiamine	4.2mg	382%
Biotin	450mcg	900%
Folate	400mcg	200%
Vitamin B12	18mcg	720%

Ingredients: L-Carnitine tartrate, enXtra™ (Alpinia galanga (L.) Willd., rhizome) dry extract, capsule shell (coating agent: hydroxypropyl methylcellulose), Rhodiola (Rhodiola rosea L., root) dry extract tit. 3% in salidroside, Nicotinamide (Niacin), anti-caking agents: silicon dioxide, magnesium salts of fatty acids; pyridoxine hydrochloride (Vitamin B6), thiamine hydrochloride (Thiamine), D-Biotin, Pteroylmonoglutamic acid (Folate), Cyanocobalamin (Vitamin B12).

 enXtra

VITASTRONG.

DRAIN PURE

DRAINING - DAY

Supplement designed to support the drainage of liquids and promote the purification of the body. Thanks to a mix of plant extracts such as Birch, Couch Grass and Dandelion, it stimulates diuresis, supports kidney function and reduces swelling. Ingredients such as Bromelain and Lespedeza Capitata promote digestion and detoxification, while Orthosiphon and Mais Stigmi enhance the elimination of liquids. An ideal solution for those looking for natural support for well-being and muscle definition.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0072



8 055774 500111

Average Values	for 2 tbl	% NRV
Bromelain	30 mg	*
Birch	390 mg	*
Couch grass	179 mg	*
Lespedeza Capitata	157.5 mg	*
Dandelion	147 mg	*
Corn stigmas	200 mg	*
Orthosiphon	126 mg	*
Goldenrod	200 mg	*
Pennywort	30 mg	*

Ingredients: Thickener: microcrystalline cellulose; Birch (Betula pendula Roth., leaves) dry extract titrated at 2.5% hyperoside; Corn (Zea mays L., stigmas) dry extract; Goldenrod (Solidago virgaurea, flowering aerial parts) dry extract; Couch grass (Elymus repens L. Gould, rhizome) dry extract, Lespedeza (Lespedeza capitata Michx., aerial parts) dry extract titrated at 4% rutin; Dandelion (Taraxacum officinale (L.) Weber ex FHWigg., root) dry extract; Orthosiphon (Orthosiphon aristatus (Blume) Miq., leaves) dry extract titrated at 0.1% sinensetin; Bromelain; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; Centella (Centella asiatica (L.) Urb., leaves) dry extract titrated at 0.1% rutin; 20% in total triterpene derivatives.

VITASTRONG.

DRAIN PURE NIGHT

DRAINING - NIGHT

Supplement designed to promote fluid drainage and improve circulation during the night. Its formula combines Bromelain, which aids digestion and reduces inflammation, with Red Grape Seeds and Quercetin, powerful antioxidants that support vascular health. Melilot promotes drainage and reduces the feeling of heaviness in the legs. A perfect ally for those who want to improve recovery and reduce swelling during sleep.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0128



8 055774 500289

Average Values	for 1 cps	% NRV
Bromelain	100 mg	*
Red grape seeds	100 mg	*
of w. proanthocyanidins	95 mg	*
Sweet clover flow. a.p.	100 mg	*
of which coumarin	20 mg	*
Quercetin	47.50 mg	*

Ingredients: Bulking agent: microcrystalline cellulose, bromelain 2500 GDU/g, red grape (*Vitis vinifera* L., seeds) dry extract titrated at 95% in proanthocyanidins (PAC), sweet clover (*Melilotus officinalis* Pall., aerial part with flowers) dry extract titrated at 20% in coumarin, quercetin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

VITASTRONG.



CREATINE CREAMSTRONG
BEST SELLER

VITASTRONG.

CREATINA CREASTRONG®

MICRONIZED CREATINE MONOHYDRATE

Composed of 100% high quality creatine monohydrate, registered trademark of Vitastrong. Developed with certified raw materials and produced with strict purity controls. Each batch is tested to ensure the absence of impurities, heavy metals (lead, cadmium, mercury, arsenic) and pathogens, ensuring a 100% safe product. Thanks to the Ultra-Micronized 200 mesh formula, odorless, tasteless and highly soluble, it promotes rapid absorption and an increase in physical performance during training. Ideal for athletes looking to improve strength, power and muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G / 120 TBL



Average Values	for 1 scoop	% NRV
Creatine Creastrong®	3000mg	*

Ingredients: Creastrong® (Creatine monohydrate 200 mesh)

Average Values	for 3	% NRV
Creatine Creastrong®	3000 mg	*

Ingredients: Creastrong® (Creatine monohydrate 200 mesh) bulking agent: cellulose; anti-caking agents: fatty acids (stearic acid), magnesium salts of fatty acids, silicon dioxide

300G

B0184



8 055774 500425

CREASTRONG®

120TBL

B0249



8 055774 501309

VITASTRONG.

TESTOBOOSTER

MEN'S WELLBEING

Advanced supplement designed to support natural testosterone production, improve strength and endurance, and support overall well-being in men. Combining natural ingredients and essential nutrients, including Ashwagandha KSM-66, Tribulus Terrestris (Standardized at 95%), Iron, Zinc, Folic Acid, and Vitamin D. Helps optimize physical performance and promote effective recovery. The powerful and balanced formula is designed to stimulate testosterone production, improve muscle growth, and increase energy to support high intensity workouts. Ideal for athletes, sportspeople, and anyone looking to improve their physical performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 TBL



90 TBL

B0123



8 055774 500036

Average Values	for 3 tbl	% NRV
Ashwagandha KSM-66®	750 mg	*
Tribulus Terrestris	750 mg	*
of which Saponins	712.5 mg	*
Iron	30 mg	213%
Zinc	15 mg	150%
Folic Acid	400 mcg	200%
Vitamin D	50 mcg	1000%

Ingredients: Bulking agent: microcrystalline cellulose, Ashwagandha KSM-66® (Withania somnifera (L.) Dunal, root) dry extract, Tribulus (Tribulus terrestris L., fruit) e tit. 95% in saponins, iron fumarate, zinc bisglycinate, folic acid (pteroyl-monoglutamic acid), vitamin D (cholecalciferol), anti-caking agents: magnesium salts of fatty acids, silicon dioxide



KSM-66
Ashwagandha®

VITASTRONG.

T-STRONG 2.0

MALE WELLBEING AND VITALITY

Advanced supplement designed to improve energy, vitality and physical performance. Thanks to a mix of natural ingredients such as Fenugreek, Maca, Ginseng and Ginkgo Biloba, it stimulates testosterone production, increases resistance and promotes circulation. L-Arginine improves blood flow and performance during physical activity, while Vitamin B6 supports hormonal balance and energy metabolism. A natural ally to optimize physical and mental performance, promoting complete male well-being.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



120 CPS

B0305



Average Values	for 3 cps	% NRV
L-arginine	450 mg	*
Maca es	400 mg	*
Cordyceps es	105	*
Fenugreek es	mg 100	*
Zinc	mg 15 mg	150%
Ginkgo biloba es	50 mg	*
Ginseng es	40 mg	*
L-Taurine	30 mg	*
Vitamin B6	1.4 mcg	100%

Ingredients: L-Arginine base, Andean maca (*Lepidium meyenii* Walp., root) dry extract tit. 0.5% in beta-ecdysone, capsule shell (coating agent: hydroxypropyl methylcellulose, zinc oxide); cordyceps (*Cordyceps sinensis* (Berk.) Sacc., fungal fruiting body) dry extract tit. 30% in polysaccharides, fenugreek (*Trigonella foenum-graecum* L., seed) dry extract tit. 50% in total saponins, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; ginkgo biloba (*Ginkgo biloba* L., leaf) dry extract tit. 24% ginkgo flavonoids and 6% total terpene lactones, ginseng (*Panax ginseng* CA Mey., root) dry extract tit. 12% ginsenosides, L-taurine, zinc bisglycinate, pyridoxine hydrochloride (Vitamin B6).

VITASTRONG.

MASS GAINER

PREMIUM MASS GAINER

Supplement formulated to support the increase in muscle mass and optimize energy recharge. Thanks to its blend of concentrated whey proteins, complex and simple carbohydrates, and creatine, it promotes muscle growth and improves performance during workouts. The presence of cyclodextrins Cluster Dextrin™ and fructose allows for a gradual and immediate energy release, while cocoa powder and cream powder enrich the taste and caloric content, making this product ideal for those looking to increase muscle mass and support physical recovery.



GLUTEN FREE



PREMIUM QUALITY



900G



900G

B0053



8 055774 500067

Average Values	for 90g	% NRV
Energy value	349 kcal	*
Fat	6 g	*
of which saturated	4 g	*
Carbohydrates	45 g	*
of which sugars	28 g	*
Protein	27 g	*
Creatine	3000mg	*
Fiber	1.8 g	*
Salt	0.36 g	*

Ingredients: Whey protein concentrate, maltodextrin, fructose, dextrose, cocoa powder (7.3%), cream powder (contains milk and derivatives, including lactose), creatine monohydrate, cyclodextrin (cluster dextrin)



Cluster Dextrin™
New Energy Source for Athletes

VITASTRONG.

CYCLODEXTRIN

100% CYCLODEXTRINE CLUSTER DEXTRIN™

Supplement formulated to optimize physical performance and promote rapid muscle recovery. Thanks to the presence of Cluster Dextrin™, an innovative carbohydrate, it offers constant energy during intense and prolonged workouts, without unwanted glycemic peaks. Its high solubility makes it easy to take, while the guaranteed purity of the ingredients ensures a high-quality product. Ideal for athletes of all levels, it supports recovery, maintains high energy levels and optimizes physical performance.



GLUTEN FREE



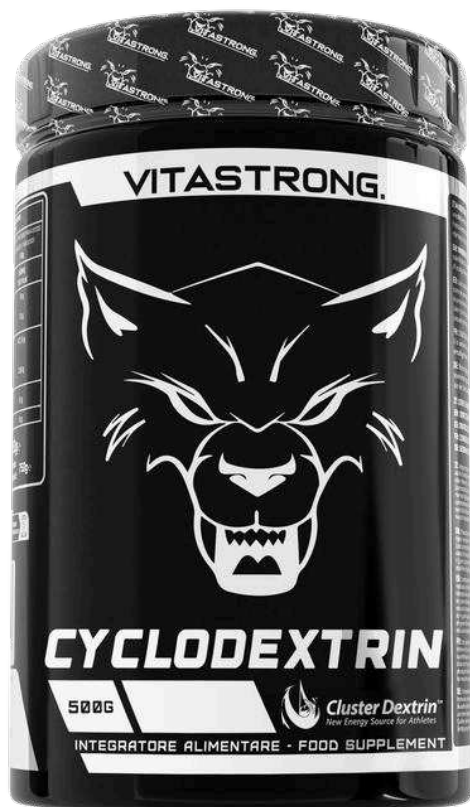
LACTOSE FREE



PREMIUM QUALITY



500G



Average Values	for 30g	% NRV
Energy value	114 kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	29.1 g	*
of which sugars	0.03 g	*
of which polyols	0 g	*
Fiber	0 g	*
Protein	0 g	*
Salt	0 g	*

Ingredients: Cluster Dextrin™ (highly branched cyclodextrins) 100%.



Cluster Dextrin™
New Energy Source for Athletes

500G

B0297



8 055774 501897

VITASTRONG.

MALTODEXTRIN

100% MALTODEXTRIN

Food supplement based on maltodextrin, a complex carbohydrate that provides a gradual energy release. Ideal for athletes and sportsmen, it supports prolonged training and intense physical activities, optimizing the recovery of muscle glycogen and maintaining high performance. Maltodextrin is perfect for ensuring continuous energy during exercise, contributing to recovery after training and helping to support resistance in long-lasting sports.



GLUTEN FREE



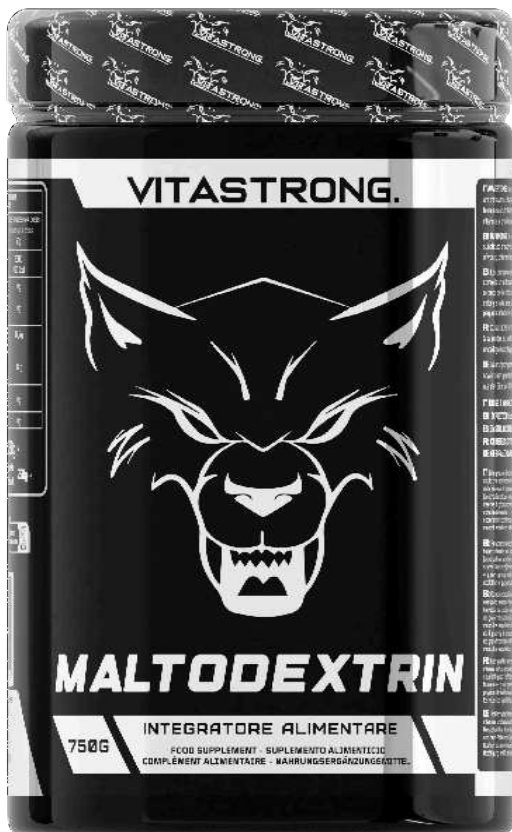
LACTOSE FREE



PREMIUM QUALITY



750G



750G

B0069



8 055774 500319

Average Values	for 50g	% NRV
Energy value	190 kCal	*
Fat	0 g	*
Carbohydrates	47.5 g	*
Salt	0 g	*

Ingredients: Whey protein concentrate, maltodextrin, fructose, dextrose, cocoa powder (7.3%), cream powder (contains milk and derivatives, including lactose), creatine monohydrate, cyclodextrin (cluster dextrin)

VITASTRONG.

OMEGA3

OMEGA 3

Premium quality supplement formulated to support cardiovascular, brain and vision health. Each 2,000 mg serving provides an optimal amount of Omega 3 fatty acids, with EPA and DHA, enriched with Vitamin E (10 mg) for antioxidant action. This formulation contributes to the normal function of the heart, brain and vision, offering complete support for general well-being. Ideal for those looking for a high-dose supplement for a healthy lifestyle.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 SFG



Average Values	for 2 sfg	% NRV
Fish oil	2,000mg	*
of which EPA	700mg	*
of which DHA	500mg	*
Vitamin E	10mg	83%

Ingredients: Fish oil; capsule (coating agent: gelatin; stabilizer: glycerol), vitamin E (D-alpha-tocopherol), antioxidants: E 304, E 306, E 310.

90 SFG

B0048



8 055774 500234

VITASTRONG.

L-GLUTAMINE KYOWA®

L-GLUTAMINE - KYOWA QUALITY®

Premium supplement formulated to support muscle recovery, immune function and gut health. Each 3,000 mg serving provides an optimal amount of Kyowa Quality® certified L-Glutamine, known for its purity and bioavailability. This formulation helps optimize recovery after intense physical activity, maintain the integrity of the intestinal barrier and strengthen the immune system. Ideal for athletes and sportsmen who want to maximize their performance and improve muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G



Average Values	for 1 scoop	% NRV
L-Glutamine Kyowa®	3,000 mg	*

Ingredients: L-Glutamine (KyowaQuality®)



250G

B0049



8 055774 500371

VITASTRONG.



EAA PRO

BESTSELLER

VITASTRONG.

EAA PRO

ESSENTIAL AMINO ACIDS POWDER

Advanced supplement designed to support muscle recovery and optimize athletic performance. Each serving provides 9 essential amino acids, enriched with BCAAs, Kyowa Quality® Glutamine and Citrulline, for faster recovery and complete muscle support. The combination of Glutamine, Citrulline and EAA work synergistically to counteract catabolism, improve muscle energy and promote cell regeneration. Available in 3 fantastic flavors, which perfectly balance the taste of the amino acids, making each serving refreshing and enjoyable to take.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



Valori Medi	per 30g	% NRV
L-Leucine	2.500 mg	*
L-Valine	1.250 mg	*
L-Isoleucine	1.250 mg	*
L-Lysine hydrochloride	1.250 mg	*
equivalent to L-Lysine	1.000 mg	*
L-Threonine	900 mg	*
L-Methionine	900 mg	*
L-Phenylalanine	900 mg	*
L-Citrulline	500 mg	*
L-Glutamine Kyowa®	500 mg	*
L-Histidine Kyowa®	400 mg	*
L-Tyrosine	400 mg	*
L-Cystine	250 mg	*
L-Tryptophan	250 mg	*

Ingredients: L-leucine, flavouring, acidifier: citric acid; L-valine, L-isoleucine, L-lysine hydrochloride, L-threonine, L-methionine, L-phenylalanine, bulking agent: corn maltodextrin; L-citrulline, L-glutamine, L-tyrosine, L-histidine, L-cystine, L-tryptophan, anti-caking agent: silicon dioxide; sweetener: sucralose

LEMON

B0261

PEACH

B0352



BERRIES

B0353



VITASTRONG.

ESSENTIAL AMINO

ESSENTIAL AMINO ACIDS

Designed to support muscle recovery, protein synthesis and the maintenance of lean mass. The formula combines an optimal balance of essential amino acids, including BCAAs (L-Leucine, L-Isoleucine, L-Valine), essential for stimulating protein synthesis, improving performance and accelerating post-workout recovery. Other essential amino acids, such as L-Lysine, L-Methionine and L-Tryptophan, contribute to muscle repair, energy production and general well-being. A complete solution for those who want to optimize performance and muscle recovery.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPR



120 TBL

B0050



8 055774 500241

Average Values	for 5 tbl	% NRV
L-Leucine	1258 mg	*
L-Isoleucine	645 mg	*
L-Valine	839 mg	*
L-Lysine	968 mg	*
L-Methionine	484 mg	*
L-Phenylalanine	806 mg	*
L-Threonine	484 mg	*
L-Tryptophan	129 mg	*

Ingredients: L-Leucine, L-Lysine hydrochloride, L-Valine, L-Phenylalanine, L-Isoleucine, bulking agent: microcrystalline cellulose, L-Methionine, L-Threonine, L-Tryptophan, anti-caking agents: magnesium salts of fatty acids, silicon dioxide

VITASTRONG.

BCAA

BRANCHED CHAIN AMINO ACIDS 2:1:1 / 4:1:1 / 8:1:1

Branched Chain Amino Acids (BCAA) available in 2:1:1, 4:1:1 and 8:1:1 ratios, formulated to optimize muscle recovery and improve athletic performance. Each serving provides L-Leucine, L-Isoleucine and L-Valine, with a specific ratio to maximize effectiveness. Fortified with Vitamin B6, this formula helps stimulate muscle protein synthesis, reduce catabolism and support recovery after exercise.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values - 2:1:1	for 5 tbl	% NRV
L-leucine	2500 mg	*
L-isoleucine	1250 mg	*
L-valine	1250 mg	*
Vitamin B6	0.5 mg	36%

Average Values - 4:1:1	for 5 tbl	% NRV
L-leucine	3333mg	*
L-isoleucine	833mg	*
L-valine	833mg	*
Vitamin B6	0.5mg	36%

Average Values - 8:1:1	for 5 tbl	% NRV
L-leucine	4000mg	*
L-isoleucine	500mg	*
L-valine	500mg	*
Vitamin B6	0.5mg	36%

Ingredients: L-leucine; L-valine; L-isoleucine; thickener: microcrystalline cellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)

2:1:1

B0055



8 055774 500333

4:1:1

B0056



8 055774 500388

8:1:1

B0057



8 055774 500258

VITASTRONG.

L-ARGININE KYOWA®

L-ARGININE HCL KYOWA QUALITY®

Formulated to support protein synthesis, improve blood flow and increase nitric oxide production, optimizing physical performance and endurance. Each dose provides L-Arginine HCl KYOWA QUALITY®, ensuring superior purity and efficacy. Enriched with Vitamin B6, it supports energy metabolism and reduces tiredness and fatigue. It is ideal for athletes who want to improve vasodilation and oxygen supply to the muscles, for higher performance during training



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 TBL



120 TBL

B0269



8 055774 501644

Average Values	for 6 tbl	% NRV
L-arginine HCl Kyowa®	4,500mg	*
Vitamin B6	0.6mg	42.8%

Ingredients: L-Arginine HCl (KyowaQuality®), bulking agents: cellulose, hydroxypropylcellulose; corn starch, anti-caking agents: fatty acids, magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)



VITASTRONG.

ZMA

ZINC - MAGNESIUM - VITAMIN B6

A powerful formula combining Magnesium, Zinc and Vitamin B6, designed to optimize muscle recovery, improve sleep quality and enhance strength and athletic performance. This supplement is ideal for athletes and sportsmen who want to maximize their results in terms of fitness, well-being and recovery. With high-quality ingredients, VITASTRONG ZMA supports the muscular system, energy metabolism and hormonal balance, promoting complete recovery and superior athletic performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



120 CPS

B0082



8 055774 500210

Average Values	for 3 cps	% NRV
Magnesium	338mg	90%
Zinc	9mg	90%
Vitamin B6	7.2mg	514%

Ingredients: Magnesium citrate, magnesium oxide; bulking agent: microcrystalline cellulose; capsule shell (hydroxypropyl methylcellulose, zinc oxide); zinc citrate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; zinc mono-L-methionine sulphate; vitamin B6 (pyridoxine hydrochloride).

VITAMINS AND ANTIOXIDANTS WELLNESS



VITASTRONG.

VITASTRONG.

MAGNESIUM COMPLEX

MAGNESIUM 5 IN 1

It combines different forms of magnesium for optimal absorption and effective support of muscles, nerves and metabolic functions. Magnesium is essential for numerous biological processes, including muscle relaxation, bone health and energy metabolism. This product is ideal for maintaining optimal magnesium levels, to combat fatigue, improve sleep quality and support general well-being. Thanks to the synergistic combination of magnesium in different forms, it offers concrete help for the body, improving recovery and muscle support in a complete and effective way.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values	for 4 tbl	% NRV
Magnesium of which:	400mg	106.7%
Magnesium salts of citric acid	100mg	26.7%
Magnesium carbonate	100mg	26.7%
Magnesium L-pidolate	80mg	21.3%
Magnesium malate	60mg	16%
Magnesium bisglycinate	60mg	16%

Ingredients: Magnesium L-pidolate, bulking agent: microcrystalline cellulose; magnesium salts of citric acid, magnesium malate, magnesium bisglycinate, magnesium carbonate, anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide.

150 TBL

B0272



VITASTRONG.

ALPHA LIPOIC ACID

ALPHA LIPOIC ACID

Powerful antioxidant that supports cellular function and energy metabolism. Known for its ability to regenerate other antioxidants such as vitamins C and E, this supplement helps protect the body from oxidative stress and promotes neurological health. It is ideal for those who want to optimize their physical performance, improve energy and defend themselves from damage caused by free radicals. Thanks to its universal antioxidant properties, It promotes general well-being and cellular health, making it a valuable ally for anyone who wants to improve their health and vitality.



GLUTEN FREE



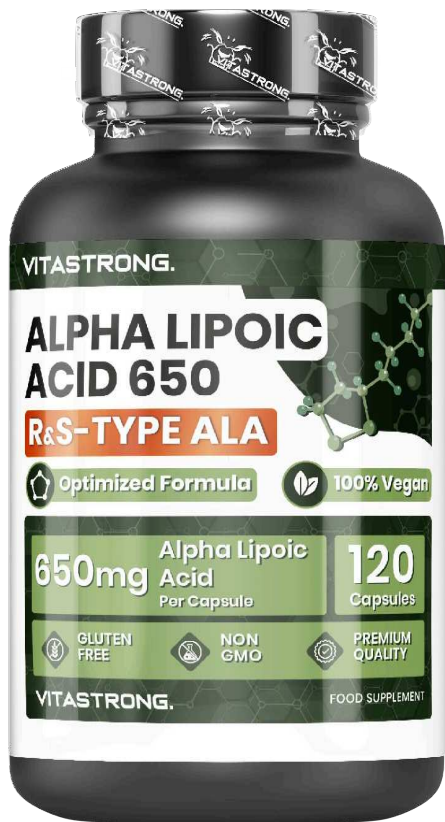
LACTOSE FREE



PREMIUM QUALITY



120 CPS



Average Values	for 1 cps	% NRV
Alpha Lipoic Acid	650mg	*
Zinc	2.96mg	29.6%

Ingredients: Alpha lipoic acid, capsule shell (coating agent: hydroxypropyl methylcellulose, zinc oxide), anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

120 CPS

B0365



8 055774 502559

VITASTRONG.

MARINE COLLAGEN

MARINE COLLAGEN TYPE I & II + HYALURONIC ACID

Advanced food supplement combining Collyss® & Cartidyss® certified Type 1 and Type 2 Marine Collagen, with Hyaluronic Acid and Vitamin C, formulated to support the health of skin, hair, nails and joints. Thanks to its exclusive composition, this formula helps improve the elasticity and hydration of the skin, supporting joint health and promoting tissue regeneration. It is ideal for those who want to maintain young and firm skin, improve joint health and support the beauty and well-being of hair and nails.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



Average Values	for 6 tbl	% NRV
Marine Collagen	2,000 mg	*
of which Type I	1,500 mg	*
of which Type II	500 mg	*
Hyaluronic Acid	300 mg	*
Vitamin C	160 mg	200%

Ingredients: Hydrolyzed marine collagen type I (Collyss®) and type II (Cartidyss®) (contains fish), bulking agent: microcrystalline cellulose; sodium hyaluronate, L-ascorbic acid (Vitamin C), anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

Collyss Cartidyss

180 TBL

B0268



VITASTRONG.

COLLAGEN & HYALURONIC

COLLAGEN & HYALURONIC ACID

Advanced dietary supplement formulated to support healthy skin, hair, nails and joints. Thanks to the combination of high-quality Collinstant® certified collagen, hyaluronic acid and a selected blend of vitamins and minerals, this product promotes elasticity and hydration of the skin, helping to keep it firm and toned. In addition, it supports joint health, improving mobility and reducing the discomfort associated with aging. Its powerful blend of ingredients also helps to strengthen hair and nails, improving their appearance and resistance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



180 TBL

B0201



Average Values	for 4 tbl	% NRV
Hydrolyzed collagen	2,000mg	*
Hyaluronic acid	200mg	*
Zinc	10mg	100%
Vitamin C	30mg	38%
Coenzyme Q10	10mg	*
Selenium	20mcg	36%
Vitamin D	10mcg	200%
Biotin	120mcg	240%

Ingredients: COLLinstant® hydrolyzed collagen, bulking agent: microcrystalline cellulose; sodium hyaluronate, zinc pidolate, ascorbic acid (vitamin C), anti-caking agents: magnesium salts of fatty acids, silicon dioxide; coenzyme Q10, selenium L-methionine, cholecalciferol (vitamin D), biotin.

VISCOFAN
COLLinstant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

VITASTRONG.

COLLAGEN

Collagen Peptides 100% Pure - COLLinstant®

Powdered supplement made from 100% hydrolyzed bovine collagen COLLinstant®, ideal for supporting the daily well-being of skin, joints, and connective tissue. Thanks to the high bioavailability and premium quality of the ingredient, it promotes skin elasticity, firmness, and joint function. Its pure formula offers essential and complete supplementation: no sugar, no fillers, just what is needed to nourish the body's deep structure. Its neutral flavor and high solubility make it perfect for adding to any beverage, hot or cold, at any time of day. Gluten-free, lactose-free, and GMO-free, it is suitable for those seeking effective support for skin, muscles, tendons, and cartilage, for sports, anti-aging, or for everyday health.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



300G



Average Values	for 10g	% NRV
Hydrolysed Collagen	10 g	*

Ingredienti: Hydrolysed Collagen COLLinstant®

VISCOFAN
COLLinstant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

300G

B0393



8 055774 503181

VITASTRONG.

GLUCOSAMINE COMPLEX

JOINT SUPPORT

Formulated to support joint health, improve mobility and reduce joint discomfort. Combining key ingredients such as glucosamine, chondroitin sulphate, boswellia and hyaluronic acid with minerals and plant extracts, this product takes a synergistic approach to joint health. It is ideal for anyone who wants to protect and nourish their joints, improving their quality of life and physical activity. Thanks to its complete formula, it helps improve flexibility, reduces the risk of inflammation and promotes faster recovery from intense physical effort. The presence of hydrolysed collagen, MSM and zinc also helps maintain healthy connective tissue, preventing joint damage.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 TBL



120 TBL

B0202



Average Values	for 1 tbl	% NRV
Glucosamine HCl	500mg	*
Chondroitin Sulfate	200mg	*
Boswellia	100mg	*
MSM (Methylsulfonylmethane)	75mg	*
Hydrolyzed Collagen	40mg	*
Zinc	5mg	50%
Hyaluronic Acid	15mg	*
Selenium	15mcg	27%
Manganese	0.5mg	25%

Ingredients: Vegetable glucosamine hydrochloride, bulking agent: microcrystalline cellulose; sodium chondroitin sulphate, boswellia (*Boswellia serrata* Roxb. ex Colebr., gum-resin) e tit. 65% boswellic acid, OptiMSM (methylsulfonylmethane), hydrolysed collagen COLInstant®, Pido-Zinc (zinc pidolate), sodium hyaluronate, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; L-selenomethionine, manganese bisglycinate.

VISCOFAN
COLInstant®
LOW MOLECULAR WEIGHT
PREMIUM COLLAGEN HYDROLYSATE

OptiMSM®

VITASTRONG.

NAC

N-ACETYL-CYSTEINE

Food supplement based on N-acetyl-cysteine, a stabilized form of the amino acid cysteine, which supports respiratory health, detoxification and strengthens the immune system. It is known for its protective effect on the liver, as it stimulates the production of glutathione, a powerful antioxidant that helps protect the liver from damage from oxidative stress. In addition to supporting lung function, NAC is also useful for recovery after intense workouts and to improve general well-being. Ideal for athletes and anyone who wants to improve liver health and strengthen the body's natural defenses.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values	for 1 tbl	% NRV
N-Acetyl-Cysteine	600 mg	*

Ingredients: N-acetylcysteine, bulking agent: microcrystalline cellulose; anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide

150 TBL

B0248



VITASTRONG.

COENZYME Q10

COENZYME Q10

Provides 200mg of Coenzyme Q10 per capsule, an essential nutrient for cellular energy production and powerful antioxidant properties. Coenzyme Q10 supports cardiovascular health, stimulates energy production at the cellular level and helps reduce fatigue. This product is ideal for those looking to improve their physical performance, increase energy and support general well-being. It is especially recommended for athletes, sportspeople and anyone looking for nutritional support to maintain high energy levels during physical activity and contribute to heart and cardiovascular health.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 CPS



Average Values	for 1 cps	% NRV
Coenzyme Q10	200 mg	*

Ingredients: Coenzyme Q10, bulking agent: cellulose; capsule shell (coating agent: hydroxypropyl methylcellulose); anti-caking agents: magnesium salts of fatty acids, silicon dioxide

120 CPS

B0263



8 055774 501408

VITASTRONG.

BIOTIN COMPLEX

NAILS AND HAIR

Food supplement designed to support the health of hair and nails, thanks to a synergistic combination of Keratin, Biotin, Zinc and other essential nutrients. Formulated with ingredients such as Bamboo, Vitamin E and Selenium, it helps strengthen the structure of tissues, combat oxidative stress and promote cell regeneration. Ideal during seasonal changes, periods of stress or intense workouts, it helps maintain a healthy and vital appearance. Biotin Complex is designed for those who want complete and natural support for beauty and strength from within.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



450 CPR



Average Values	per 1 cpr	% NRV
Hydrolyzed Keratin	25 mg	*
Zinc	15 mg	150%
Vitamin E	15 mg	125%
Bamboo d.e.	5 mg	*
Copper	1 mg	100%
Biotin	450 mcg	900%
Selenium	55 mcg	100%
Vitamin D	5 mcg	100%

Ingredients: Bulking agent: cellulose; DL-alpha-tocopheryl acetate (Vit. E), Hydrolyzed keratin, Zinc oxide, Bamboo (*Bambusa vulgaris* Schrad., young shoots) dry extract tit. 70% in silica, anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Copper sulphate, Cholecalciferol (Vit. D), D-Biotin, Sodium selenite.

450 TBL

B0339



8 055774 502542

VITA STRONG.

MELATONINE COMPLEX

MELATONIN, VALERIAN, LAVENDER AND CHAMOMILE

Food supplement formulated to promote relaxation and support natural and restful sleep. Combining traditional herbs such as Valerian, Chamomile and Lavender with Melatonin and Vitamin B6, this product helps regulate the sleep-wake cycle, reducing the time it takes to fall asleep and improving the quality of sleep. It is ideal for those looking for a natural aid to help them sleep, particularly useful in times of stress or when dealing with jet lag. Melatonine Complex helps promote general well-being, for optimal rest that supports physical and mental recovery.

GLUTEN FREE

LACTOSE FREE

PREMIUM QUALITY

365 TBL



365 TBL

B0270

8 055774 501637

Average Values	for 1 tbl	% NRV
Valerian d.e.	15mg	*
Chamomile d.e.	5mg	*
Lavender d.e.	5mg	*
Melatonin	1mg	*
Vitamin B6	50mcg	35.7%

Ingredients: Bulking agent: microcrystalline cellulose; valerian (*Valeriana officinalis* L. root) dry extract tit. 0.8% in valerenic acid, chamomile (*Matricaria chamomilla* L. flower) dry extract tit. 1% in apigenin-7-glucoside, lavender (*Lavandula angustifolia* Mill. flower) dry extract tit. 0.5% in essential oil, melatonin, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; pyridoxine hydrochloride (vitamin B6)

VITASTRONG.

DIOSMIN PRO

MICROCIRCULATION

Advanced supplement designed to support venous circulation and improve vascular well-being. Thanks to the combination of micronized diosmin, flavonoids, grape seed extracts, horse chestnut, butcher's broom, centella and lespedeza, it promotes venous tone, microcirculation and lymphatic drainage, reducing swelling and a feeling of heaviness in the legs. The addition of piperine optimizes absorption, enhancing its effectiveness. It is ideal for athletes and active people, especially those who practice high-impact sports on the legs such as running, cycling and football, or for those who spend many hours standing or in a sedentary position, contributing to physical recovery and circulatory health.



GLUTEN FREE



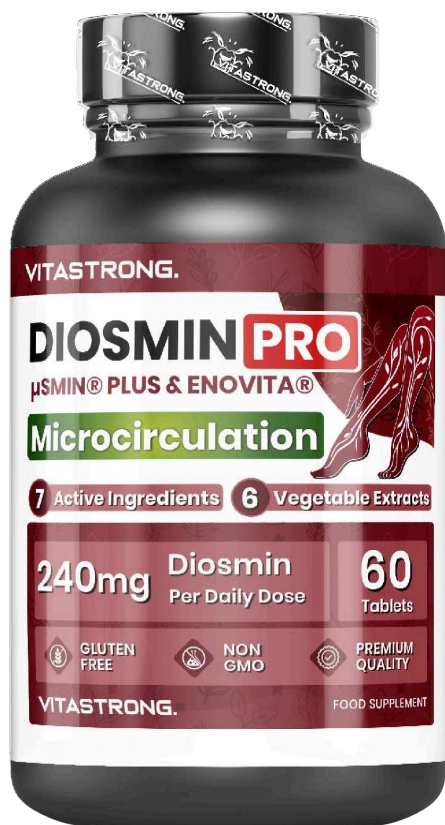
LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0340



Valori Medi	for 2 tbl	% NRV
Micronized diosmin and flavonoid complex	300mg	*
of which Diosmin	240mg	*
ENOVITA® - grape seeds d.e.	150mg	*
Horse Chestnut d.e.	150mg	*
Butcher's Broom d.e.	100mg	*
Centella d.e.	100mg	*
Lespedeza d.e.	100mg	*
Piperine	4,76mg	*

Ingredients: Bulking agent: cellulose, micronized diosmin and flavonoid complex, ENOVITA® - Grape seeds (*Vitis vinifera* L., seeds) dry extract, Horse chestnut (*Aesculus hippocastanum* L., seed) dry extract tit. 20% in escin, Butcher's broom (*Ruscus aculeatus* L., root) dry extract tit. 10% in ruscogenin, Centella asiatica (*Centella asiatica* (L.) Urb., aerial part) dry extract tit. 20% in asiaticoside, Lespedeza (*Lespedeza capitata* Michx., leaves) dry extract tit. 4% in rutin, Piperine from black pepper fruit (*Piper nigrum* L.), anti-caking agents: silicon dioxide, magnesium salts of fatty acids.

ENOVITA®

VITASTRONG.

GDA COMPLEX

GLUCOSE MANAGEMENT

Advanced supplement designed to optimize carbohydrate management and improve insulin sensitivity, supporting energy metabolism and body composition. Thanks to the combination of active ingredients such as Myo-inositol, berberine, alpha lipoic acid and chromium, it helps stabilize blood glucose levels and promotes better use of carbohydrates. Cinnamon extract, banaba and D-Chiro-inositol help improve insulin response, while piperine enhances absorption. It is ideal for those who want to support carbohydrate metabolism, improve glycemic control and promote optimal energy balance, proving useful both for those who practice physical activity and for those who want to improve their general well-being.



GLUTEN FREE



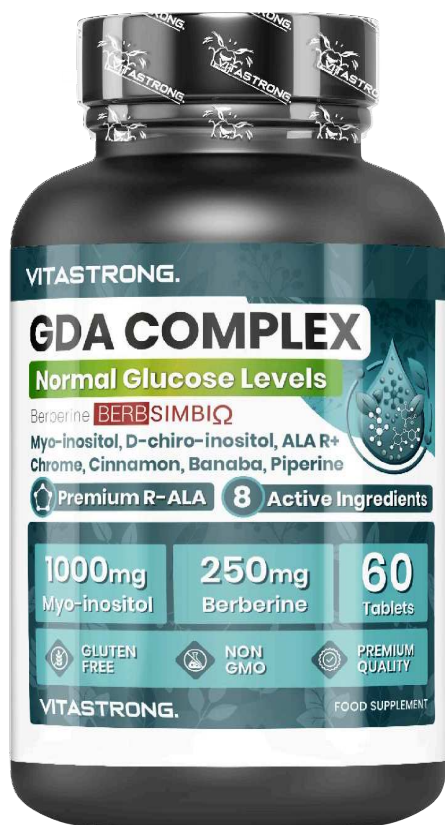
LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0341



Average Values	for 3	% NRV
Myo-inositol	1,000 mg	*
BERBSimbiQ	294 mg	*
equal to berberine	250 mg	*
Alpha lipoic acid R+	100 mg	*
Cinnamon d.e.	75 mg	*
Banaba d.e.	48 mg	*
D-Chiro-inositol	25 mg	*
Piperine	4.74 mg	*
Chromium	200 mcg	500%

Ingredients: Myo-inositol, bulking agent: cellulose; Berberine BERBSimbin [Berberine from the bark of the branches of Berberis aristata DC., Linseed oil, Hemp seed oil, Silicon dioxide], anti-caking agents: fatty acids, silicon dioxide, magnesium salts of fatty acids; Alpha lipoic acid R+ sodium salt, Cinnamon (Cinnamomum verum J.Presl, bark) dry extract tit. 0.8% cinnamaldehyde and 5% in total flavonoids, Banaba (Lagerstroemia speciosa (L) Pers, leaf) dry extract tit. 1% in corosolic acid, D-chiro-inositol, Piperine from the fruit of Black pepper (Piper nigrum L.), Chromium picolinate.

BERBSIMBIQ

Berberine

VITASTRONG.

CHOLESTEROL

CHOLESTEROL CONTROL

Advanced food supplement, formulated to effectively support lipid metabolism and help maintain healthy blood cholesterol levels. Thanks to the synergistic combination of natural extracts such as Caigua and Red Fermented Rice, together with specific nutrients such as Coenzyme Q10 and Chromium, this product represents an ideal choice for those who want a natural and safe approach to managing cholesterol levels. It is particularly indicated to support cardiovascular health, optimize lipid metabolism and promote general well-being, making it a valuable ally for those who want to integrate a healthy lifestyle.



90 TBL B0271



8 055774 501620

Average Values	for 1 tbl	% NRV
Caigua es	150mg	*
Fermented red rice	58mg	*
of which: Total Monacolins	2.9mg	*
Gamma oryzanol	50mg	*
Policosanols	10mg	*
Coenzyme Q10	10mg	*
Chromium	66 µg	165%

Ingredients: Bulking agent: microcrystalline cellulose; caigua (*Cyclanthera pedata* (L.) Schrad. fruit) 5:1, monacolins from red rice (*Oryza sativa* L.) fermented with *Monascus purpureus*, gamma oryzanol, policosanols, coenzyme Q10, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; chromium picolinate.

VITASTRONG.

BROMELAIN

DRAINAGE, BLOATING & MICROCIRCULATION

Bromelain Drainage Complex is a complete formula designed to support the body in fighting water retention, bloating, and heavy legs, thanks to the synergy of high-activity bromelain (5000 GDU/g), pineapple extract, centella asiatica, melilotus, and dandelion.

This advanced blend acts on multiple levels: it promotes fluid drainage, supports the lymphatic system, and improves venous and capillary circulation, helping to reduce the appearance of cellulite.

Ideal during cutting phases, in case of swelling or fluid build-up, it restores a feeling of lightness and physical wellness. The formula is 100% plant-based, gluten-free, lactose-free, and highly digestible.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



270 TBL



270 TBL

B0412



Valori Medi	per 2 cpr	% NRV
Bromelain 2500 GDU/g	410 mg	*
Sweet Clover d.e.	100 mg	*
Dandelion d.e.	100 mg	*
Gotu Kola d.e.	60 mg	*
Pineapple d.e.	50 mg	*
Bromelain 5000 GDU/g	40 mg	*

Ingredienti: Bromelain 2500 GDU/g, bulking agent: cellulose; Sweet clover (*Melilotus officinalis* (L.) Pall., flowering aerial parts) dry extract titrated to 20% coumarin, Dandelion (*Taraxacum officinale* (L.) Weber ex F.H.Wigg., root) dry extract titrated to 20% inulin, Gotu kola (*Centella asiatica* (L.) Urb., aerial parts) dry extract titrated to 20% total triterpenes, Pineapple (*Ananas comosus* (L.) Merr., stem) dry extract titrated to 0.3% bromelain, Bromelain 5000 GDU/g, anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

VITASTRONG.

ASHWAGANDHA

MENTAL WELL-BEING AND NATURAL RESILIENCE

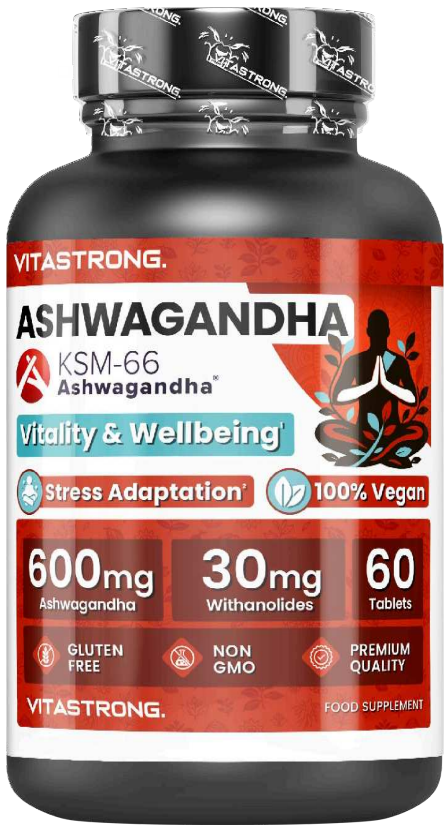
Natural supplement based on Ashwagandha KSM-66®, formulated to support mental and physical well-being and improve the ability to adapt to stress. Each tablet contains 600 mg of highly concentrated full-spectrum extract (5% withanolides), clinically tested to promote relaxation, energy, and concentration. Ideal for times of mental fatigue or a lack of motivation, it helps restore balance between mind and body without the use of stimulants. Thanks to its tonic and adaptogenic properties, it supports cognitive function, daily vitality, and the immune system.

 **GLUTEN FREE**

 **LACTOSE FREE**

 **PREMIUM QUALITY**

 **60 TBL**



Average Values	for 2 tbls	% NRV
Ashwagandha	600 mg	*

Ingredients: Ashwagandha (*Withania somnifera* (L.) Dunal, root) dry extract tit. 5% in total withanolides, bulking agent: cellulose; anti-caking agents: silicon dioxide, magnesium salts of fatty acids.

60 TBL **B0413**



VITASTRONG.

KILO-CUT

METABOLISM SUPPORT

Advanced food supplement, formulated to support fat metabolism, promote optimal body definition and improve physical well-being. Thanks to its combination of selected ingredients and high doses, including Glucomannan, L-carnitine, Garcinia and Prickly Pear, Kilo-Cut is the ideal solution for those looking for natural, safe and effective support for weight management, metabolism acceleration and body composition improvement. This supplement is perfect for athletes, fitness enthusiasts and anyone who wants to optimize their training results and achieve their physical goals in a natural and lasting way.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 TBL



120 TBL

B0306



8 055774 501927

Average Values	for 2 tbl	% NRV
Garcinia es	200mg	*
Glucomannan	200mg	*
L-Carnitine	100mg	*
Matcha powder	100mg	*
Choline	82.5mg	*
Nopal powder (prickly pear)	90mg	*
Chromium	80mcg	200%

Ingredients: Bulking agent: cellulose; choline bitartrate, garcinia (Garcinia cambogia (Gaernt) Desr., fruit) e tit. 60% in hydroxycitric acid, glucomannan (konjac mannan), L-carnitine tartrate, matcha (Camellia sinensis (L.) Kuntze, leaf) powder, nopal (prickly pear) (Opuntia ficus-indica (L.) Mill., cladodium) powder, anti-caking agents: magnesium salts of fatty acids, silicon dioxide; chromium picolinate.

VITASTRONG.

L-CARNITINE

ACETYL L-CARNITINE

Food supplement formulated to support energy metabolism and improve physical endurance, thanks to the presence of Acetyl L-Carnitine, a highly bioavailable form of L-Carnitine. This key ingredient promotes the transport of fatty acids into the mitochondria for energy production, helping to reduce fatigue and optimize physical performance. Ideal for athletes and sportsmen who practice endurance disciplines such as running, cycling and swimming, as well as for those who train with the aim of improving body composition and muscle definition. Recommended before training to maximize the use of fats as an energy source, it is also useful in the morning to support cognitive function and daily metabolism.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60 TBL



60 TBL

B0051



8 055774 500128

Average Values	for 1 tbl	% NRV
Acetyl L-Carnitine	1.000mg	*

Ingredients: Acetyl L-carnitine, anti-caking agents: fatty acids, silicon dioxide, magnesium salts of fatty acids; bulking agent: microcrystalline cellulose, stabilizer: hydroxypropyl methylcellulose

VITASTRONG.

MULTIVITAMIN

HIGH DOSAGE MULTIVITAMIN

A complete food supplement designed to provide optimal nutritional support, combining a wide range of essential vitamins that promote general health, well-being and the immune system. Formulated to meet the needs of athletes, sportspeople and anyone who wants to maintain a high level of physical and mental activity, VITASTRONG MULTIVITAMIN helps fill any nutritional gaps, supporting the body during times of physical and mental stress. With a balanced intake of vitamins A, C, D, E, B and others, this supplement is a valuable ally for those who want to optimize their health and performance.

GLUTEN FREE

LACTOSE FREE

PREMIUM QUALITY

90 TBL



90 TBL

B0073

8 055774 500098

Average Values	for 2 tbl	% NRV
Vitamin C	1,000 mg	1250%
Vitamin E	60 mg	500%
Vitamin A	1,200 µg	150%
Niacin (B3)	48 mg	300
Pantothenic acid (B5)	18mg	% 300%
Vitamin B6	9.5 mg	679%
Riboflavin (B2)	25 mg	1786%
Thiamine (B1)	25 mg	2273%
Folic acid (B9)	400 µg	200%
Biotin (B8)	450 µg	900%
Vitamin K1	105 µg	140%
Vitamin D3	25 µg	500%
Vitamin B12	33 µg	1320%

Ingredients: Vitamin C (L-ascorbic acid), stabilizer: microcrystalline cellulose; vitamin E (DL-alpha-tocopheryl acetate); niacin (nicotinamide); anti-caking agents: magnesium salts of fatty acids, silicon dioxide; vitamin B1 (thiamine hydrochloride), riboflavin, pantothenic acid (calcium d-pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin D3 (cholecalciferol), vitamin A (retinyl acetate); vitamin K1 (phytomenadione), biotin (D-biotin), folic acid (pteroylmonoglutamic acid), vitamin B12 (cyanocobalamin)

VITASTRONG.

VITAMIN C

VITAMIN C 1000

Food supplement designed to provide essential nutritional support thanks to a high intake of vitamin C. With 1000 mg per dose, this supplement helps promote general health, strengthen the immune system and protect cells from oxidative stress. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps support the body during periods of physical and mental stress. Perfect for promoting iron absorption and collagen formation, it is an indispensable ally for optimizing daily health and well-being.



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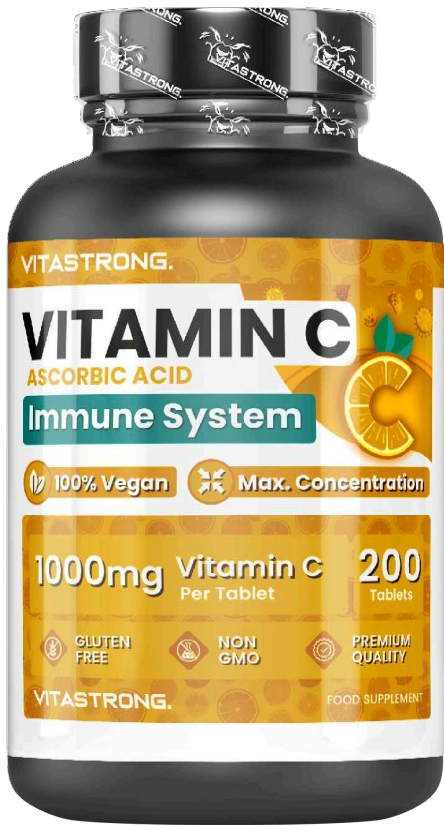
LACTOSE FREE



PREMIUM QUALITY



200 TBL



Average Values	for 1 tbl	% NRV
Vitamin C	1.000mg	1250%

Ingredients: L-ascorbic acid, protected vitamin C (L-ascorbic acid, coating agent: ethyl cellulose), bulking agent: microcrystalline cellulose, anti-caking agents: fatty acids, magnesium salts of fatty acids, silicon dioxide.

200 TBL

B0349



8 055774 502535

VITA**STRONG.**

VITAMIN C + ZINC

VITAMIN C 1000 + ZINC

A complete food supplement designed to provide essential nutritional support thanks to the combination of high-dose vitamin C and zinc. With 1000 mg of vitamin C and 10 mg of zinc per dose, this supplement helps to strengthen the immune system, protect cells from oxidative stress and promote healthy skin. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it supports the body during periods of physical and mental stress, promoting iron absorption and supporting healing processes. It is the ideal companion to optimize health, well-being and daily performance.



GLUTEN FREE



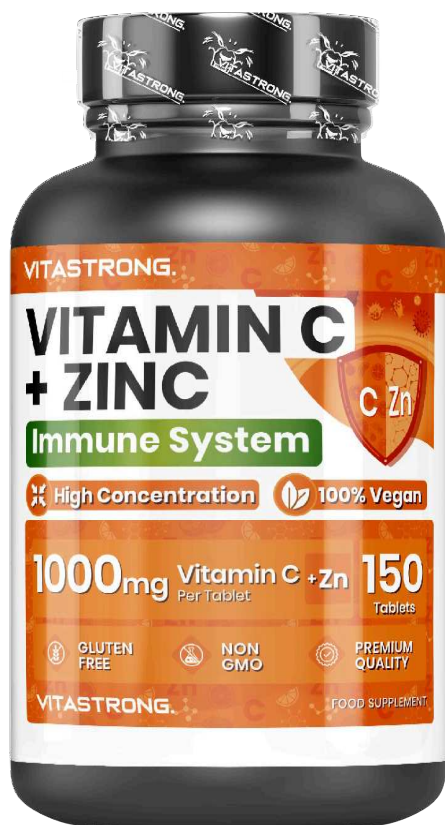
LACTOSE FREE



PREMIUM QUALITY



150 TBL



Average Values	for 1 tbl	% NRV
Vitamin C	1,000 mg	1250%
Zinc	10 mg	100%

Ingredients: L-ascorbic acid (Vitamin C), bulking agent: microcrystalline cellulose; zinc gluconate, anti-caking agents: stearic acid, magnesium salts of fatty acids, silicon dioxide

150 TBL

B0265



VITASTRONG.

VITAMIN B COMPLEX

VITAMIN B COMPLEX

A complete food supplement designed to provide essential nutritional support with a broad spectrum of B vitamins. With a balanced formula that includes niacin, thiamine, riboflavin, pantothenic acid, vitamin B6, biotin, folic acid and vitamin B12, this supplement helps support energy metabolism, improve physical and mental performance and promote general well-being. Ideal for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps fight fatigue, support the nervous system and improve resilience to stress. It is an indispensable ally for optimising energy, health and daily performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



180 TBL



180 TBL

B0067



8 055774 501422

Average Values	for 1 tbl	% NRV
Niacin (Vit B3)	20.9 mg	130.6%
Vitamin B6	10 mg	714.2%
Pantothenic acid (B5)	7.7 mg	128.3%
Vitamin B2	1.87 mg	133.5%
Vitamin B1	1.65 mg	150%
Folic acid (Vit B9)	300 mcg	150%
Biotin (Vit B8)	25 mcg	50%
Vitamin B12	2.5 mcg	100%

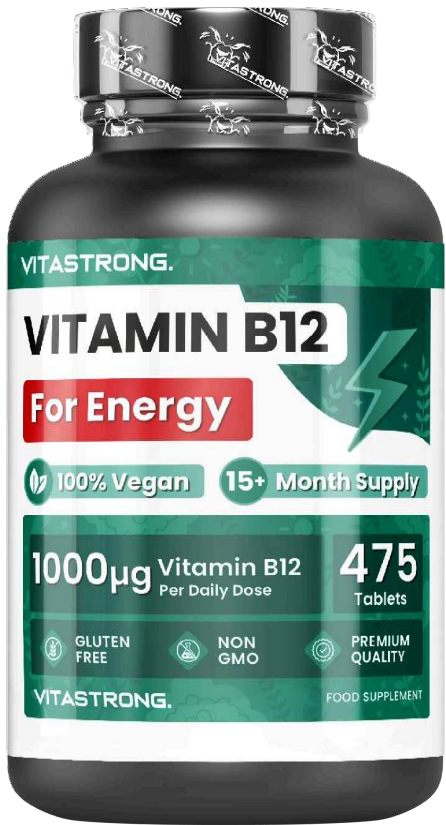
Ingredients: Bulking agents: microcrystalline cellulose, maltodextrin; nicotinamide (niacin), pyridoxine hydrochloride (vitamin B6), calcium D-pantothenate (pantothenic acid), cyanocobalamin 0.1% (vitamin B12), thiamine hydrochloride (vitamin B1), anti-caking agents: magnesium salts of fatty acids, silicon dioxide; riboflavin (vitamin B2), pteroylmonoglutamic acid (folate), D-biotin.

VITASTRONG.

VITAMIN B12

VITAMIN B12

Powerful food supplement, designed to provide essential nutritional support thanks to a high concentration of vitamin B12. Ideal for supporting energy levels, improving cognitive function and supporting the health of the nervous system, this supplement contributes to the formation of red blood cells, iron metabolism and general well-being. Perfect for those following vegan or vegetarian diets, but also for athletes, sportspeople and anyone who wants to maintain an active and healthy lifestyle, it helps reduce tiredness and fatigue, supporting the body during periods of intense physical or mental activity. An indispensable ally for optimising energy, health and daily performance.



Average Values	for 1 tbl	% NRV
Vitamin B12	1,000 mcg	40000%

Ingredients: Maltodextrin, bulking agent: microcrystalline cellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide; cyanocobalamin (vitamin B12).

475 TBL B0323



8 055774 502375

VITASTRONG.

VITAMIN D3

VITAMIN D3

A dietary supplement formulated to support the immune system, bone health and general well-being. Providing 50 mcg of vitamin D per serving, it aids in the absorption of calcium and phosphorus, contributing to the maintenance of healthy bones, teeth and muscles. An essential for those who want to optimise vital bodily functions, this supplement helps to fill any vitamin D deficiencies, supporting vitality and proper functioning of the body.



GLUTEN FREE



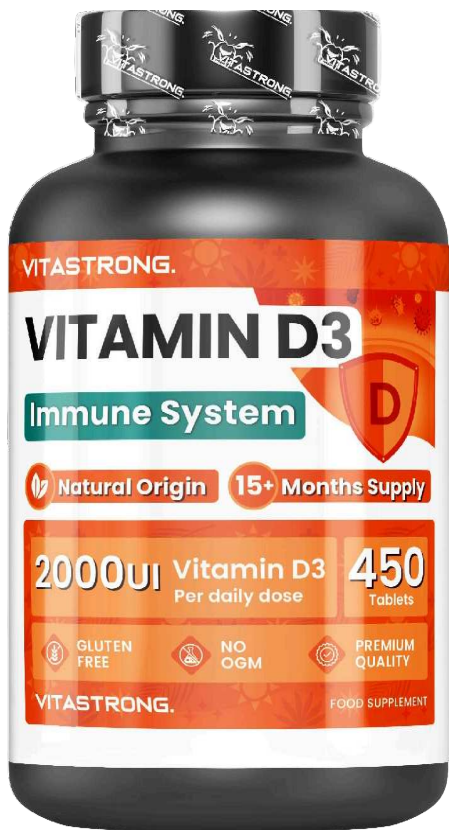
LACTOSE FREE



PREMIUM QUALITY



450 TBL



Average Values	for 1 tbl	% NRV
Vitamin D3	50 mcg (2,000 IU)	1000%

Ingredients: Bulking agent: cellulose, maltodextrin, binding agents: silicon dioxide, magnesium salts of fatty acids, cholecalciferol (Vitamin D).

450 TBL

B0326



VITASTRONG.

MULTIVITAMIN GUMMIES

13 VITAMINS AND MINERALS IN GUMMIES

Complete food supplement in **sugar-free gummy candies**, designed to offer optimal nutritional support through a balanced combination of essential vitamins and minerals. Its advanced formula with Vitamin C, Vitamin E, Zinc, B vitamins, Vitamin A, D, Iodine, Choline and Inositol, is designed to support general health, daily well-being and the immune system. It helps fill any nutritional gaps and supports the body during periods of intense physical or mental effort. With a targeted supply of key nutrients, it is the perfect companion for those who want energy, balance and vitality, with all the convenience of a candy.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 GMS



120 GMS

B0362



8 055774 502573

Average Values	for 2 gms	% NRV
Vitamin C	60 mg	75%
Vitamin E	11.2 mg	93.3%
Zinc	4 mg	40%
Pantothenic acid (Vit. B5)	3.6 mg	60%
Vitamin B6	1.28 mg	91.4%
Vitamin A	674 mcg	84.2%
Folate	300 mcg	150%
Choline	137.5 mcg	*
Inositol	137.5 mcg	*
Iodine	112 mcg	74.6%
Biotin	22.5 mcg	45%
Vitamin D	20 mcg	400%
Vitamin B12	1.8 mcg	72%

Ingredients: Sweeteners: maltitol syrup, steviol glycosides from stevia; water, pectin, L-ascorbic acid (vitamin C), DL-alpha tocopheryl acetate (vitamin E), strawberry flavour, acidifier: citric acid, zinc citrate, cholecalciferol (vitamin D), retinyl acetate (vitamin A), calcium D-pantothenate, (vitamin B5), colouring: black carrot (E163), cyanocobalamin (vitamin B12), pyridoxine hydrochloride (vitamin B6), folic acid, choline bitartrate, inositol, potassium iodide, D-biotin, glazing agent: carnauba wax

VITASTRONG.

BIOTIN GUMMIES

NAIL AND HAIR WELLBEING IN GUMMIES

Food supplement in practical **sugar-free** gummy candies , designed to support the health of hair and nails, thanks to a synergistic combination of Keratin, Biotin, Zinc and other essential nutrients. Formulated with ingredients such as Vitamin E and Selenium, it helps strengthen the structure of tissues, combat oxidative stress and promote cell regeneration. Ideal during seasonal changes, periods of stress or intense workouts, it helps maintain a healthy and vital appearance. Biotin Complex Gummies is designed for those who want complete, tasty and natural support for beauty and strength from within, with the convenience of a sugar-free formula.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



120 GMS



120 GMS

B0360



Average Values	for 1 gms	% NRV
Vitamin C	12 mg	15%
Vitamin E	5.5 mg	46%
Zinc	1.5 mg	15%
Vitamin B6	1 mg	71%
Biotin	450 mcg	900%
Folate	130 mcg	65%
Selenium	28 mcg	51%
Iodine	22.5 mcg	15%

Ingredients: Sweeteners: maltitol syrup, steviol glycosides from stevia; water, pectin, DL-alpha-tocopheryl acetate (vitamin E), L-ascorbic acid (vitamin C), flavourings, acidifier: citric acid, selenium methionine, zinc citrate, colour: purple potato, pyridoxine hydrochloride (vitamin B6), D-biotin, folic acid, potassium iodide, glazing agent: carnauba wax.

VITASTRONG.

CREATINE GUMMIES

CREATINE IN GUMMIES

Food supplement in **sugar-free gummy candies**, formulated to offer effective support to physical performance thanks to the contribution of creatine, a compound naturally present in the muscles and involved in energy production.

Ideal for those who practice regular or intense physical activity, Creatine Gummies promote the improvement of strength, muscle power and recovery between training sessions. The practical gummies form makes taking them simple and pleasant, without the need for mixing or shakers, with all the advantage of a tasty formula, without added sugars.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



90 GMS



90 GMS

B0361



8 055774 502580

Average Values	for 3 gms	% NRV
Creatine	3,000 mg	*

Ingredients: Sweeteners: maltitol syrup, steviol glycosides from stevia; water, pectin, creatine, flavourings, acidifier: citric acid, colouring: safflower extract, coating agent: carnauba wax

VITA STRONG.

MELATONIN GUMMIES

MELATONIN, VALERIAN, LAVENDER AND CHAMOMILE IN GUMMIES

Food supplement in **sugar-free** gummy candies , formulated to promote relaxation and support natural and regenerating sleep. Thanks to a synergistic combination of Melatonin, Vitamin B6 and extracts of Valerian, Chamomile and Lavender, it helps regulate the sleep-wake rhythm, reducing the time needed to fall asleep and improving the quality of rest.

Ideal for those looking for natural help to sleep better, especially in times of stress, tension or in the case of jet lag. Designed to promote general well-being, it offers tasty and practical support for physical and mental recovery, night after night.

GLUTEN FREE

LACTOSE FREE

PREMIUM QUALITY

120 GMS



120 GMS

B0363



Average Values	for 1 gms	% NRV
Valerian d.e.	30mg	*
Chamomile d.e.	10mg	*
Lavender d.e.	10mg	*
Melatonin	1mg	*
Vitamin B6	1.4mg	100%

Ingredients: Sweeteners: maltitol syrup, steviol glycosides from stevia; water, pectin, valerian (*Valeriana officinalis* L., root) fluid extract, chamomile (*Matricaria chamomilla* L., inflorescences) fluid extract, lavender (*Lavandula officinalis* Chaix, flowers) glyceric extract, wild berry flavouring, acidifier: citric acid, pyridoxine hydrochloride (vitamin B6), colouring: purple potato, melatonin, coating agent: carnauba wax

VITASTRONG.

CARBO GEL 2:1

ENERGY GEL 60G

Ready-to-use energy gel formulated to provide immediate and sustained energy during physical activity. Thanks to the optimal 2:1 ratio between Maltodextrin and Fructose, it guarantees rapid absorption and better gastrointestinal tolerability, ideal for endurance sports and intense training. Each dose provides 40 g of carbohydrates, providing continuous fuel to the muscles. Enriched with Magnesium and Potassium from only highly bioavailable forms, it helps maintain electrolyte balance and reduce tiredness and muscle fatigue. The neutral taste makes it easy to combine with other intra-workout supplements. Gluten-free and naturally lactose-free, it is perfect for demanding athletes seeking high performance.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



60G



Average Values	per 100 ml	% NRV
Energy	266 kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	65 g	*
of which sugars	25 g	*
Protein	0 g	*
Salt	0.04g	*
Potassium	300 mg	*
Magnesium	56 mg	

Ingredients: Maltodextrin 26.6%; Water; Fructose; Acidifier: citric acid; Potassium salts of orthophosphoric acid; Magnesium citrate; Gelling agent: xanthan gum; Sodium chloride.

BOX x24

B0391



8 055774 502917



VITASTRONG.

ISOTONIC PRO

ADVANCED ISOTONIC

An advanced powdered supplement formulated to support hydration, energy, and physical and mental well-being during sports activities or during periods of fatigue. Its comprehensive formula combines rapidly and gradually absorbed carbohydrates, minerals, vitamins, and functional ingredients such as Rhodiola, Ginseng, L-Tyrosine, and Beetroot Juice, for comprehensive energy support. The blend of Maltodextrin, Dextrose, and High Molecular Weight Cyclodextrin ensures a balanced energy release, while Magnesium, Calcium, and Sodium contribute to electrolyte balance and the reduction of fatigue. Enriched with B and C vitamins and plant extracts with antioxidant and tonic properties, it is ideal for athletes and active people seeking performance and daily well-being.



Average Values	per 20g	% NRV
Maltodextrin	8500 mg	*
Dextrose	4500 mg	*
Cyclodextrins	2000 mg	*
Beetroot juice	1000 mg	*
L-Tyrosine	250 mg	*
Turmeric rhizome, e.g.	200 mg	*
Rhodiola root, e.g.	150 mg	*
Sodium	150 mg	*
Calcium	120 mg	15 %
Vitamin C	80 mg	100 %
Magnesium	56,3 mg	15 %
Ginseng root, e.g.	50 mg	*
Niacin	8 mg	50 %
Vitamin B6	5 mg	357 %
Piperine	5 mg	*

Ingredients: Maltodextrin, Dextrose, Highly Branched Cyclic Dextrins, Beetroot (*Beta vulgaris* L., root) juice, Sodium Citrate, Calcium Citrate, Acidity Regulator: Citric Acid; Flavoring, Potassium Gluconate, Magnesium Salts of Citric Acid, L-Tyrosine, Turmeric (*Curcuma longa* L., rhizome) dry extract titrated at 95% in curcuminoids, Anti-caking Agent: Silicon Dioxide; Rhodiola (*Rhodiola rosea* L., root) dry extract titrated at 3% in salidroside, L-Ascorbic Acid (Vit. C), Ginseng (*Panax ginseng* CA Mey., root) dry extract titrated at 12% in ginsenosides, Sweetener: Sucralose; Nicotinamide

VITASTRONG.

HYDRA PRO

ADVANCED HYDRATION AND ENERGY

Powder supplement designed to provide complete hydration, prolonged energy, and effective support during times of physical or mental stress. Its advanced formula combines 5 essential minerals with 5 high-potency vitamins, enriched with titrated *Rhodiola rosea* extract, a well-known adaptogen that improves stress resistance. The high dose of Vitamin C supports the immune system and helps reduce fatigue, while the mineral blend quickly replenishes electrolytes lost through sweating. It dissolves quickly in water, with a refreshing orange flavor. Ideal for athletes, workers in hot environments, or anyone needing to stay energized, focused, and hydrated throughout demanding days.



Average Values	per 10g	% NRV
Vitamin C	1000 mg	1250%
Potassium	300 mg	15%
Sodium	300 mg	*
Rhodiola d.e.	150 mg	*
Magnesium	125 mg	33%
Chloride	121 mg	*
Calcium	120 mg	15%
Niacin	16 mg	100%
Pantothenic Acid	10 mg	167%
Vitamin B6	5 mg	357%
Vitamin B12	250 mcg	10000%

Ingredienti: Maltodextrin, sodium citrate, magnesium malate, L-ascorbic acid (Vitamin C), acid: citric acid; calcium citrate, potassium citrate, flavouring, cyanocobalamin 0.1% (Vitamin B12), sodium chloride, anti-caking agent: silicon dioxide; potassium chloride, *Rhodiola* (*Rhodiola rosea* L., root) dry extract tit. 3% salidroside, sweetener: sucralose; nicotinamide (Niacin), calcium D-pantothenate (Pantothenic acid), pyridoxine hydrochloride (Vitamin B6).

VITASTRONG.

MAGNESIUM & POTASSIUM

MAGNESIUM AND POTASSIUM IN STICKS + VITAMINS

Practical and complete stick supplement designed to support energy, hydration and well-being throughout the day. Contains Magnesium and Potassium from highly bioavailable sources, for effective assimilation and rapid replenishment of mineral salts lost due to heat, stress or daily activity. Enriched with Vitamin C and 7 B vitamins, it contributes to the reduction of tiredness, energy metabolism and the proper functioning of the nervous system. The pleasant orange flavor and the gluten-free and lactose-free formula make it suitable for the whole family, ideal in periods of fatigue, sweating or change of season.



GLUTEN FREE



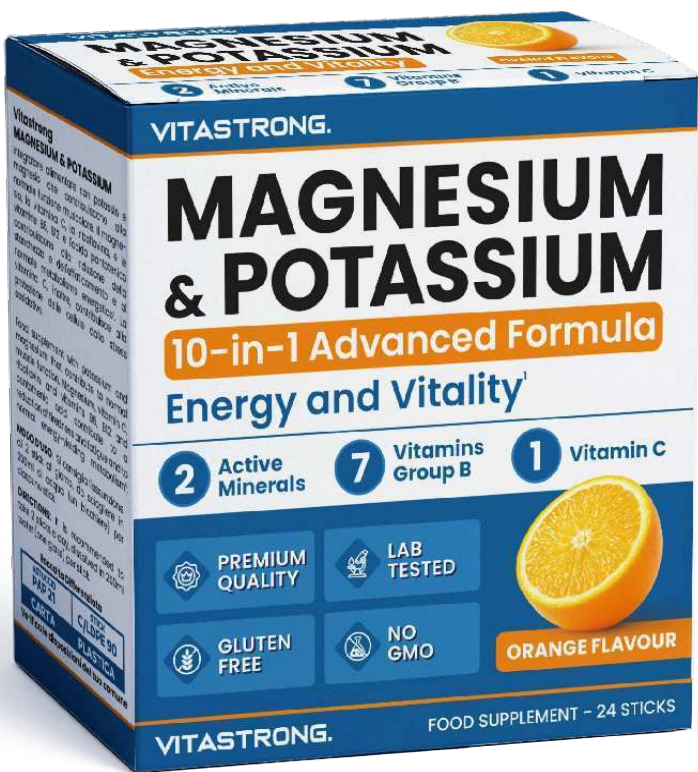
LACTOSE FREE



PREMIUM QUALITY



24 STICKS



Average Values	for 2 sticks	% NRV
Potassium	300 mg	15%
Magnesium	90 mg	24%
Vitamin C	60 mg	75%
Niacin	16 mg	100%
Pantothenic acid	6 mg	100%
Vitamin B6	1.4 mg	100%
Riboflavin	1.4 mg	100%
Thiamine	1.1 mg	100%
Vitamin B12	2.5 µg	100%
Folic acid	200 µg	100%

24 STICKS

B0392



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Ingredients: potassium citrate, thickener: sorbitol; acidifier: citric acid; magnesium salts of citric acid, flavouring, vitamin C (L-ascorbic acid, coating agent: ethylcellulose), sweetener: sucralose; niacin (nicotinamide), colouring: beta-carotene; pantothenic acid (D-pantothenate, calcium), vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), vitamin B12 (cyanocobalamin), folic acid (pteroylmonoglutamic acid).

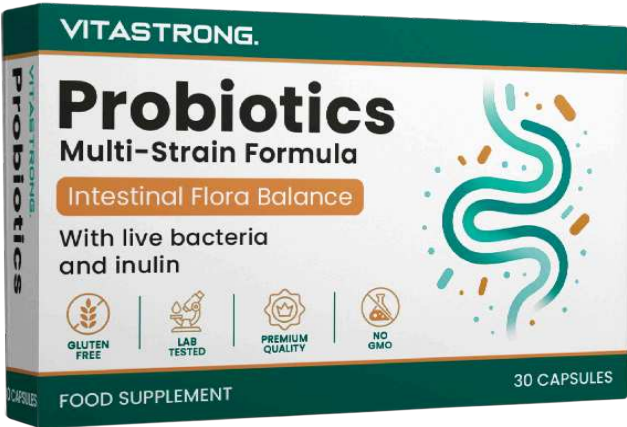


VITASTRONG.

PROBIOTICS

PROBIOTICS FOR THE INTESTINAL FLORA BALANCE

A comprehensive supplement formulated to restore and maintain the balance of intestinal flora, supporting digestion, regularity, and immune defenses. Its formula combines full-spectrum live probiotics and prebiotic inulin, a soluble fiber that promotes the growth of beneficial bacteria and enhances the supplement's effectiveness. Particularly useful after antibiotic therapy, dietary changes, travel, or periods of stress, it acts deeply on the intestinal ecosystem. The enteric-coated capsules ensure the live strains reach the intestine, where they can act in a targeted manner. Free from gluten, lactose, and GMOs, it is also ideal for daily use to support general well-being and intestinal health.



Average Values	per 2 cps	% NRV
Inulin	160mg	*
L. reuteri	8 MLD cfu	*
L. rhamnosus	8 MLD cfu	*
L. plantarum	4 MLD cfu	*
L. acidophylus	4 MLD cfu	*
B. lactis	2 MLD cfu	*
B. longum	2 MLD cfu	*
Saccaromyces boulardii	2 MLD cfu	*

Ingredients: Acid-resistant capsule shell (glazing agent: hydroxypropyl methylcellulose, pectin), Inulin, Lactobacillus reuteri, Lactobacillus plantarum, Saccharomyces boulardii, Lactobacillus rhamnosus, Bifidobacterium animalis ssp. Lactis, Lactobacillus acidophilus, anti-caking agent: silicon dioxide; Bifidobacterium longum.



VITA STRONG.

DIGESTION ENZYMES

DIGESTIVE ENZYMES

A complete supplement in capsules designed to promote intestinal regularity and improve digestion. Thanks to the patented DigeZyme® blend—a pool of broad-spectrum digestive enzymes—it supports the breakdown of carbohydrates, proteins, fats, and lactose, helping reduce bloating, fermentation, and feelings of heaviness. Enriched with natural clove extract, which helps calm the digestive system, it is ideal after large meals or for slow digestion. It is also suitable for those with lactose intolerance or following high-protein diets. The formula is gluten-, lactose-, and GMO-free, and suitable for vegans and vegetarians.


GLUTEN FREE


LACTOSE FREE


PREMIUM QUALITY


60 TBL



Average Values	per 3cpr	% NRV
DigeZyme®	150 mg	*
Cloves	150 mg	*

Ingredients: Bulking agent: cellulose, DigeZyme® (multi-enzyme complex: maltodextrin, alpha amylase, protease, cellulase, lactase, lipase), Clove (Syzygium aromaticum (L.) Merr. et LM Perry, flower bud) dry extract, anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

60 TBL

BL0405



8 055774 503150



VITA STRONG.

LAXASTRONG

INTESTINAL TRANSIT SUPPORT

A natural supplement in capsules designed to promote intestinal transit and combat occasional constipation. Its balanced formula combines select plant extracts such as rhubarb, boldo, sea buckthorn, and marshmallow, known for their purifying, soothing, and intestinal motility-stimulating properties. It acts gently yet effectively, without irritation or addiction, helping restore regularity and lightness. Also ideal for periodic periods or during times of routine changes, stress, or a disordered diet. Gluten-, lactose-, and GMO-free, it is suitable for vegetarians and vegans, and has certified pharmaceutical quality.

GLUTEN FREE

LACTOSE FREE

PREMIUM QUALITY

30 CPS



30 CPS

BL0404

8 055774 503174

Average Values	per 2 cps	% NRV
Marshmallow de.	100 mg	*
Seaweed d.e.	100 mg	*
Boldo d.e.	80 mg	*
Senna d.e.	50 mg	*
Rhubarb d.e.	40 mg	*

Ingredients: Capsule shell (glazing agent: hydroxypropyl methylcellulose), Marshmallow (*Althaea officinalis* L., root) dry extract D/E 4:1, Sea buckthorn (*Hippophae rhamnoides* L., fruit) dry extract D/E 4:1, maltodextrin, Boldo (*Peumus boldus* Molina, leaf) dry extract D/E 4:1, Senna (*Cassia angustifolia* M. Vahl., leaf) dry extract tit. 20% in sennosides, Rhubarb (*Rheum palmatum* L., root) dry extract tit. 1.1% in rhein, anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

VITASTRONG.



PREMIUM QUALITY
PROTEINS

VITASTRONG.

PURE HYDRO PROTEIN

HYDROLYZED PROTEINS - OPTIPEP 90® DH4 INSTANT

Supplement designed to provide essential nutritional support thanks to the high quality of Optipep® 90 DH4 Instant hydrolyzed whey proteins, from cows fed exclusively with grass (grass-fed) and quality flavors. Thanks to the hydrolysis process, these proteins are easily digestible and rapidly absorbed, helping to optimize muscle recovery and stimulate protein synthesis. The formula is enriched with Digezyme®, an enzyme complex that improves the digestion of proteins, carbohydrates and fats, promoting the assimilation of nutrients and reducing gastrointestinal disorders. Ideal for athletes, athletes and anyone who wants to improve physical performance, it supports muscle growth and post-workout recovery.



GLUTEN FREE



DIGESTIVE ENZYMES



PREMIUM QUALITY



900G



CHOCO B0350-38

VANILLA B0350-37



8 055774 500074



8 055774 500081



Optipep®

Average Values -	for 30g	% NRV
Energy value	113 kcal	*
Fat	0.8 g	*
of which saturated	0.4 g	*
Carbohydrates	0.42 g	*
of which sugars	0.24 g	*
Protein	26 g	*
Salt	0.06 g	*
Fiber	0.45g	*

Ingredients: Optipep 90 DH4 Instant* hydrolyzed whey protein (hydrolyzed MILK protein, emulsifier: soy lecithin), cocoa powder (5.4%), sweetener: sucralose; DigeZyme® (multi-enzyme complex).

Average Values - Vanilla	for 30g	% NRV
Energy value	111 kcal	*
Fat	0.45 g	*
of which saturated	0.15 g	*
Carbohydrates	0.3 g	*
of which sugars	0.24 g	*
Protein	26.4 g	*
Salt	0.05 g	*
Fiber	0g	*

Ingredients: Optipep 90 DH4 Instant* hydrolyzed whey protein (hydrolyzed MILK protein, emulsifier: soy lecithin), flavoring, sweetener: sucralose; DigeZyme® (multi-enzyme complex).

VITASTRONG.

WHEYSTRONG - 100% WHEY

WPC PROTEIN 100% - WITH DIGESTIVE ENZYMES

High quality protein supplement, containing concentrated whey proteins and only high quality flavours, ideal for supporting muscle growth and post-workout recovery. Thanks to its complete profile of essential amino acids, this product promotes protein synthesis, improves muscle recovery and helps reduce fatigue. Perfect for athletes and sportsmen, it is an excellent choice to optimise performance and support the maintenance of lean muscle mass.

WHEY FROM ONLY ITALIAN SUPPLIERS  



GLUTEN FREE



DIGESTIVE ENZYMES



PREMIUM QUALITY



900G



Average Values *	for 30g	% NRV
Energy value	115 kcal	*
Fat	2 g	*
of which saturated	1.3 g	*
Carbohydrates	1.7 g	*
of which sugars	0.8 g	*
of which polyols	0.06 g	*
Fiber	0.7 g	*
Protein	22.2 g	*
Salt	0.15 g	

Ingredients: WPC 80 INSTANT (whey protein concentrate, sunflower lecithin), cocoa powder (8.8%).
sweetener: sucralose; Digezyme® (multi-enzyme complex) *Chocolate Flavour



CHOCO

BG0351-38



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COOKIES

B0351-39



8 055774 502665

VANILLA

BG0351-37



8 055774 503044

NEUTRAL

BG0351-40



8 055774 503051

VITASTRONG.

SOY PROTEIN

SOY PROTEIN

VITASTRONG SOY PROTEIN is a high-quality protein supplement based on soy protein, ideal for those looking for a plant-based alternative to support muscle growth and recovery. Thanks to its complete amino acid profile, it provides all the essential amino acids needed for protein synthesis, contributing to the maintenance of muscle mass and improving sports performance. Soy proteins are easily digestible and are an excellent choice for athletes, sportspeople and those following a vegan or vegetarian diet. Perfect to take at any time of the day, both as a post-workout support and as a protein supplement to promote a constant supply of essential nutrients.



GLUTEN FREE



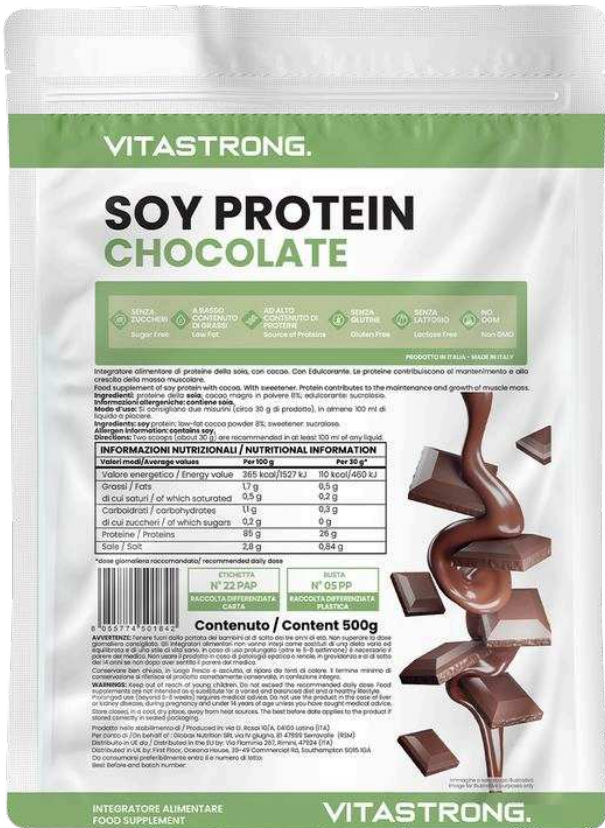
LACTOSE FREE



PREMIUM QUALITY



500G



Average Values	for 30g	% NRV
Energy value	110 kcal	*
Fat	0.5 g	*
of which saturated	0.2 g	*
Carbohydrates	0.3 g	*
of which sugars	0 g	*
Proteins	0.8 g	*
Salt	26 g	*
Fiber	0.84 g	*

Ingredients: soy protein; fat-reduced cocoa powder 8%; sweetener: sucralose

500G

B0290



VITASTRONG.



ITALIAN QUALITY
FOOD

VITASTRONG.

PROTEIN BAR

PROTEIN BARS 40G - BOX X24

VITASTRONG CRUNCHY BARS offer a tasty and fast protein supplement, perfect for wellness lovers who want to optimize their diet with a high-quality snack. With 34-36% protein, these bars are useful for supporting muscle growth and recovery. Made in Italy with high-quality ingredients, they are ideal for a pre or post-workout snack, easy to take with you and provide an immediate protein supplement, without feelings of guilt. Available in a practical box of 24 pieces.



Average Values -	for 40g	% NRV
Energy value	142 kcal	*
Fat	5.6 g	*
of which saturated	3.2 g	*
Carbohydrates	11 g	*
of which sugars	0.6 g	*
of which polyols	9.6 g	*
Proteins	14 g	*
Salt	0.06 g	*
Fiber	3.1 g	*

Ingredients: Milk proteins, dark chocolate with sweetener (cocoa mass, sweetener: maltitol, cocoa butter, emulsifier: soy lecithin, natural flavouring (vanilla)) (20%), humectants: sorbitol and maltitol, hydrolysed collagen, fructo-oligosaccharides, vegetable fats (coconut, sunflower, water), isomalto-oligosaccharide (*source of glucose), cocoa soy extruders (isolated soy protein, cocoa, tapioca starch), cocoa powder, chocolate flavoured paste (cocoa, sunflower seed oil, emulsifier: soy lecithin, flavourings) (2%), water, flavouring, emulsifier: soy lecithin, maltodextrin, preservative: potassium sorbate, sweetener: sucralose.
*Chocolate flavour

CHOCO BR0384



BROWNIE BR0388



COCONUT BR0387



WHITE BR0385



BERRIES BR0386



VITASTRONG.

PROTEIN PANCAKE

PROTEIN PANCAKE MIX

VITASTRONG PROTEIN PANCAKE is a balanced and tasty mix, designed for those who want to combine nutrition and pleasure in a single breakfast or snack. Made with oat flour, egg white and whey protein, it guarantees a complete nutritional profile, with 38g of protein per 100g and only 0.9g of sugars. Ideal for athletes and active people, it provides gradual energy release and supports the maintenance of muscle mass. Available in Chocolate and Cookie flavors, it is easy to prepare and perfect at any time of the day. With no added sugars, a moderate fat content and enriched with fiber, it is the ideal choice for those looking for taste and performance in every bite



Average Values	per 100g	% NRV
Energy value	358 kcal	*
Fat	5.7 g	*
of which saturated	1.2 g	*
Carbohydrates	37 g	*
of which sugars	0.9 g	*
Protein	38 g	*
Salt	2 g	*
Fiber	3.4 g	*

Ingredients: Oat flour 67%; egg white powder , whey protein ; raising agent (disodium diphosphate, sodium hydrogen carbonate, **wheat starch** , anti-caking agent: calcium carbonate); flavouring; salt; sweetener: sucralose.

CHOCO BG0374



COOKIE BG0375



VITASTRONG.

PROTEIN CREAM

PROTEIN CREAMS 200G

PROTEIN CREAM offers a delicious combination of taste and nutrition, made with selected high-quality ingredients in Italy. Expertly sweetened and enriched with proteins, these creams are perfect for a healthy snack at any time of the day. Supporting an active and balanced lifestyle, our creams transform daily snacks into gourmet experiences, without the guilt. A contribution to your daily well-being, ideal for any nutritious break.



Average Values - Milk	per 100g	% NRV
Energy value	489 kcal	*
Fat	32 g	*
of which saturated	10 g	*
Carbohydrates	40 g	*
of which sugars	2.3g	*
of which polyols	37 g	*
Proteins	22 g	*
Salt	2.0 g	*
Fiber	0.32 g	*

Ingredients: sweetener: maltitol*; milk proteins; sunflower oil; hazelnut paste 10%; coconut oil; low fat cocoa powder 4%; emulsifier: sunflower lecithin (E322); flavourings; salt. *Milk Choco flavour

MILK CHOCO B0287



8 055774 501811

WHITE CHOCO B0286



8 055774 501804

DARK CHOCO B0288



8 055774 501828

PISTACCHIO B0284



8 055774 501781

TIRAMISU' B0285



8 055774 501798

HAZELNUT B0289



8 055774 501835

VITASTRONG.

PROTEIN CREAMS

PROTEIN CREAMS 400G - GLUTEN AND LACTOSE FREE

PROTEIN CREAM offers a delicious combination of flavor and nutrition, formulated gluten- and lactose-free to suit even the most specific dietary needs. Made in Italy with select, high-quality ingredients, they are sweetened with a balanced blend and enriched with protein for a healthy, tasty, and functional snack. Perfect any time of day, they transform your breaks into a guilt-free gourmet experience. Ideal for those following a strict diet, those who practice sports, or those with intolerances, they represent a concrete contribution to daily well-being.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



400G



Average Values - Dark	per 100g	% NRV
Energy value	521 kcal	*
Fat	39 g	*
of which saturated	13 g	*
Carbohydrates	29 g	*
of which sugars	0 g	*
of which polyols	26 g	*
Proteins	22 g	*
Salt	0.28 g	*
Fiber	3.8 g	*

Ingredients: sweetener: maltitol*; sunflower oil; lactose-free milk protein 25%, fat-reduced cocoa powder 13%, coconut oil, emulsifier: sunflower lecithin (E322); salt.
*Excessive consumption may produce laxative effects.

PISTACHIO

B0284



8 055774 501781

DARK CHOCO

B0288



8 055774 501828

VITASTRONG.

PEANUT BUTTER

100% PEANUT CREAM

VITASTRONG PEANUT BUTTER is a pure and natural source of protein and energy, perfect for those who want a healthy diet without sacrificing taste. Without additives and added sugars, it contains only selected peanuts for an intense flavor and optimal nutritional benefits. With 26g of protein per 100g, this cream is ideal for supporting a balanced and healthy diet. Made in Italy with high-quality ingredients, it is perfect for any time of the day, offering a creamy texture and an authentic taste that enhances every meal.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



500G



500G

B0266



8 055774 501415

Average Values	per 100g	% NRV
Energy value	625kcal	*
Fat	49 g	*
of which saturated	7 g	*
Carbohydrates	16 g	*
of which sugars	4 g	*
Proteins	26 g	*
Salt	0,02 g	*
Fiber	8 g	*

Ingredients: Roasted Peanuts (100%)

VITASTRONG.

PEANUT BUTTER POWDER

PEANUT BUTTER POWDER

Flour made from shelled, peeled, roasted, and ground peanuts, with a reduced fat content (max 16%), ideal for those seeking a natural, versatile, and tasty protein alternative. Rich in plant-based proteins and fiber, it's perfect for enhancing pancakes, smoothies, yogurt, dough, and sweet or savory recipes, maintaining a balanced nutritional profile. Thanks to gentle processing and the controlled origin of the raw material, it retains all the aroma of roasted peanuts in a fine, easy-to-use powder. With no added sugars or additives, it's an excellent solution for those following a healthy diet. Produced in Italy according to high standards, it's designed to combine nutritional quality and everyday pleasure.



GLUTEN FREE



LACTOSE FREE



PREMIUM QUALITY



250G



Average Values	per 100g	% NRV
Energy value	470 kcal	*
Fat	14 g	*
of which saturated	2 g	*
Carbohydrates	32 g	*
of which sugars	8.8 g	*
Protein	47 g	*
Salt	1.9 g	*
Fiber	14 g	*

Ingredients: Roasted Peanuts (100%)

250G

BG0400



8 055774 503259

VITASTRONG.

TOPPING ZERO

ZERO SUGAR SYRUP - 300G

VITASTRONG TOPPING ZERO are designed to offer a unique and concentrated taste experience, thanks to the presence of maltitol syrup that gives them a dense and creamy consistency, without the use of water or thickeners. Free from sugar and artificial flavors, they are perfect for enhancing yogurt, pancakes, and many other recipes. Available in 9 delicious flavors, Topping Zero offers intense sweetness and flavor, ideal for those who want a touch of taste without compromise.



Average Values - Caramel	for 100g	% NRV
Energy value	183 kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	76 g	*
of which sugars	0 g	*
of which polyols	76 g	*
Proteins	0.5 g	*
Salt	0 g	*
Fiber	0.28 g	*

Ingredients: maltitol syrup; flavourings; inulin; salt; caramel colouring (E150a) *Caramel Milk flavour



VITASTRONG.

INSTANT OATMEAL

INSTANT OAT FLOUR - 1KG

VITASTRONG INSTANT OATMEAL is ideal for those looking for a nutritious breakfast or snack without sacrificing taste. Available in 6 delicious flavors, this oatmeal, composed mainly of selected oats, offers a perfect balance between pleasure and nutrition. With a high fiber and protein content, it supports a constant release of energy, making every meal a moment of pure well-being. Produced in Italy with high-quality ingredients, it transforms every recipe into a promise of health and satisfaction.



Average Values - Milk	per 100g	% NRV
Energy value	397 kcal	*
Fat	7.3 g	*
of which saturated	1.6 g	*
Carbohydrates	66.0 g	*
of which sugars	0.6 g	*
Fiber	5.6 g	*
Protein	14.0 g	*
Salt	0.1 g	*

Ingredients: oat flour 97%; low fat cocoa powder 2.4%; flavouring; sweetener: sucralose.

*Chocolate flavour

COOKIES **BG0275**



DOUBLE CHOCO **BG0276**



CHOCOLATE **BG0274**



PEANUT BUTTER **BG0277**



HAZELNUT **BG0278**



NATURAL **BG0279**



VITASTRONG.

OAT FLAKES

FLAVORED OAT FLAKES - 1KG

VITASTRONG OAT FLAKES are ideal for those seeking a nutritious breakfast or snack without sacrificing taste. Available in 6 delicious flavors, this oatmeal, made primarily from selected oats, offers the perfect balance of pleasure and nutrition. High in fiber and protein, it supports a steady release of energy, making every meal a moment of pure well-being. Made in Italy with high-quality ingredients, it transforms every recipe into a promise of health and satisfaction.



Average Values - Double C.	per 100g	% NRV
Energy value	375 kcal	*
Fat	7.2 g	*
of which saturated	1.5 g	*
Carbohydrates	57.0 g	*
of which sugars	0.7 g	*
Fiber	11 g	*
Protein	15.0 g	*
Salt	0.22 g	*

Ingredients: Oat flakes 95%; low-fat cocoa powder 4.8%; salt; sweetener: sucralose.

*Double Chocolate flavor

COOKIE **BG0394**



DOUBLE CHOCO **BG0395**



HAZELNUT **BG0396**



VITASTRONG.

INSTANT RICE FLOUR

INSTANT RICE FLOUR - 1KG

VITASTRONG INSTANT RICE FLOUR offers an exceptional taste experience combined with excellent nutritional value. Available in 4 flavors, this instant rice flour is ideal for those looking for a nutritious and delicious option for breakfast or snack. With a very low sugar content and a composition that supports a constant energy release. Made in Italy with high-quality ingredients, it is the perfect choice for those who want a healthy diet without sacrificing taste.



Average Values - Milk	per 100g	% NRV
Energy value	397 kcal	*
Fat	7.3 g	*
of which saturated	1.6 g	*
Carbohydrates	66.0 g	*
of which sugars	0.6 g	*
Fiber	5.6 g	*
Protein	14.0 g	*
Salt	0.1 g	*

Ingredients: rice flour (95%), low fat cocoa powder (4.8%), sweeteners: sucralose.

*Chocolate flavour

COCONUT BG0275



8 055774 501668

COOKIES BG0276



8 055774 501682

W.CHOCO BG0274



8 055774 501675

CHOCOLATE BG0274



8 055774 501699

VITASTRONG.

SPICES

MISCELA DI SPEZIE

Golden Spices & Red Mix Spices are a blend of spices designed to add a bold and aromatic touch to any dish, quickly and easily. Golden Spices features warm, oriental notes of curry, cumin, coriander and nigella, while Red Mix Spices delivers a more intense, smoky profile with paprika, chili pepper, onion and garlic. Both blends turn simple recipes into flavourful dishes, adding colour, depth and character with just a pinch. Perfect for meats, vegetables, legumes, rice, soups and one-pot meals, they're ideal for those who seek authentic taste without added sugars, additives or flavour enhancers. Only selected spices, naturally balanced and ready to use.



Red Mix Spices: Paprika, Salt, Chili Pepper, Garlic, Onion

Golden Spices: Curry (turmeric), Chili Pepper, Cumin, Coriander, Nigella, Fenugreek, Mustard, Salt, Turmeric, Garlic, Onion

RED MIX B0414



GOLDEN B0415



VITASTRONG.

ZERO SAUCE

ZERO SAUCES

Light and tasty sauces, ideal for those who want to add flavor without weighing down their diet. With only 15 kcal per 100 g, they offer all the pleasure of classic sauces, with a nutritional profile designed for those following a healthy and active lifestyle. **Ketchup Zero** has an intense and balanced flavor, perfect for guilt-free accompaniment to burgers, fries, meat, and vegetables. **BBQ Zero** captivates with its bold, smoky notes, ideal for grilled meats, protein snacks, and savory dishes. Both sauces are fat-free, sugar-free, and made with carefully selected ingredients to offer maximum flavor with minimal calories. Easy to use, versatile, and uncompromising: Vitastrong's Zero sauces are the perfect ally for every dish, from everyday cooking to special occasions.



KETCHUP B0420



BBQ B0421



Average Values -	per 100g	% NRV
Energy value	15kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	3.5 g	*
of which sugars	1.0 g	*
Protein	0.3 g	*
Salt	1.9 g	*
Fiber	0.9g	*

Average Values - BBQ	per 100g	% NRV
Energy value	16kcal	*
Fat	0 g	*
of which saturated	0 g	*
Carbohydrates	3.7 g	*
of which sugars	1.2 g	*
Protein	0.3 g	*
Salt	2.1 g	*
Fiber	0.9g	*

Ketchup ZERO: Water, tomato pulp (15%), alcohol vinegar, modified starch (corn), salt, thickener (xanthan gum), dehydrated onion, preservatives (potassium sorbate, sodium benzoate), colors (E150d, E120), sweetener (sucralose). Greek, mustard, salt, turmeric, garlic, onion .

BBQ ZERO: Water, tomato pulp (15%), alcohol vinegar, modified starch (corn), salt, thickener (xanthan gum), dehydrated onion, preservatives (potassium sorbate, sodium benzoate), sweetener (sucralose), colour (E150d), natural flavours.



VITASTRONG.